US HARBORS www.USHarbors.com

Alcatraz Island, CA - Nov 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	**7:05**	5.3	**6:11**	5.1			**12:38**	2.5	6:35	5:11	
2	Tue	**7:56**	5.5	**7:25**	5.0	**12:50**	0.2	**1:42**	1.9	6:36	5:10	
3	Wed	**8:39**	5.7	**8:32**	4.9	**1:45**	0.5	**2:36**	1.4	6:37	5:09	
4	Thu	**9:17**	5.9	**9:30**	5.0	**2:32**	0.7	**3:22**	0.9	6:38	5:08	
5	Fri	**9:50**	5.9	**10:23**	4.9	**3:14**	1.0	**4:03**	0.5	6:39	5:07	
6	Sat	**10:20**	6.0	**11:11**	4.9	**3:52**	1.4	**4:41**	0.2	6:40	5:06	
7	Sun	**10:49**	5.9	**11:57**	4.8	**4:29**	1.7	**5:16**	0.0	6:41	5:05	
8	Mon	**11:16**	5.9			**5:04**	2.1	**5:50**	-0.1	6:42	5:04	
9	Tue	**12:42**	4.8	**11:43 AM**	5.8	**5:38**	2.4	**6:23**	-0.1	6:43	5:03	
10	Wed	**1:26**	4.7	**12:12**	5.7	**6:14**	2.7	**6:58**	-0.1	6:44	5:02	
11	Thu	**2:11**	4.6	**12:44**	5.5	**6:52**	3.0	**7:36**	0.0	6:45	5:01	
12	Fri	**2:59**	4.5	**1:21**	5.3	**7:34**	3.2	**8:17**	0.1	6:46	5:00	
13	Sat	**3:51**	4.5	**2:04**	5.1	**8:27**	3.4	**9:04**	0.3	6:47	5:00	
14	Sun	**4:47**	4.5	**2:57**	4.8	**9:37**	3.4	**9:58**	0.4	6:48	4:59	
15	Mon	**5:41**	4.6	**4:01**	4.6	**11:00**	3.3	**10:56**	0.5	6:49	4:58	
16	Tue	**6:30**	4.8	**5:16**	4.4			**12:12**	2.9	6:50	4:57	
17	Wed	**7:12**	5.0	**6:32**	4.4			**1:08**	2.4	6:52	4:57	
18	Thu	**7:49**	5.4	**7:43**	4.5	**12:47**	0.7	**1:56**	1.7	6:53	4:56	
19	Fri	**8:24**	5.7	**8:48**	4.7	**1:37**	0.9	**2:39**	1.0	6:54	4:55	
20	Sat	**8:59**	6.1	**9:49**	4.9	**2:23**	1.1	**3:21**	0.3	6:55	4:55	
21	Sun	**9:35**	6.4	**10:46**	5.1	**3:08**	1.3	**4:05**	-0.4	6:56	4:54	
22	Mon	**10:14**	6.7	**11:43**	5.2	**3:53**	1.6	**4:50**	-0.9	6:57	4:54	
23	Tue	**10:55**	6.9			**4:39**	2.0	**5:36**	-1.3	6:58	4:53	
24	Wed	**12:39**	5.2	**11:38 AM**	6.9	**5:27**	2.3	**6:25**	-1.4	6:59	4:53	
25	Thu	**1:35**	5.2	**12:26**	6.8	**6:19**	2.5	**7:16**	-1.4	7:00	4:52	
26	Fri	**2:32**	5.2	**1:17**	6.5	**7:16**	2.7	**8:09**	-1.1	7:01	4:52	
27	Sat	**3:31**	5.2	**2:13**	6.0	**8:23**	2.9	**9:06**	-0.7	7:02	4:52	
28	Sun	**4:31**	5.2	**3:17**	5.5	**9:41**	2.8	**10:07**	-0.3	7:03	4:51	
29	Mon	**5:31**	5.3	**4:30**	4.9	**11:05**	2.6	**11:09**	0.2	7:04	4:51	
30	Tue	**6:26**	5.5	**5:50**	4.5			**12:22**	2.2	7:05	4:51	