US HARBORS www.USHarbors.com

Alcatraz Island, CA - Apr 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:12**	5.1	**10:23**	4.9	**3:23**	1.9	**3:37**	0.1	5:53	6:32	
2	Sun	**10:59**	5.2	**11:51**	5.2	**4:59**	1.5	**5:11**	0.1	6:52	7:33	
3	Mon	**11:45**	5.3			**5:34**	1.1	**5:45**	0.2	6:50	7:34	
4	Tue	**12:19**	5.4	**12:32**	5.2	**6:11**	0.6	**6:20**	0.5	6:49	7:35	
5	Wed	**12:49**	5.6	**1:21**	5.1	**6:50**	0.2	**6:56**	0.9	6:47	7:36	
6	Thu	**1:21**	5.8	**2:13**	5.0	**7:33**	-0.2	**7:34**	1.3	6:46	7:37	
7	Fri	**1:56**	5.9	**3:11**	4.7	**8:19**	-0.4	**8:17**	1.8	6:44	7:38	
8	Sat	**2:35**	5.9	**4:16**	4.5	**9:11**	-0.5	**9:06**	2.3	6:43	7:39	
9	Sun	**3:21**	5.8	**5:30**	4.3	**10:10**	-0.5	**10:08**	2.7	6:41	7:40	
10	Mon	**4:16**	5.6	**6:51**	4.3	**11:18**	-0.4	**11:29**	2.9	6:40	7:41	
11	Tue	**5:23**	5.4	**8:04**	4.5			**12:31**	-0.3	6:38	7:42	
12	Wed	**6:40**	5.2	**9:02**	4.8	**12:59**	2.8	**1:42**	-0.3	6:37	7:43	
13	Thu	**7:57**	5.2	**9:50**	5.1	**2:16**	2.4	**2:43**	-0.3	6:36	7:43	
14	Fri	**9:07**	5.2	**10:30**	5.4	**3:18**	1.9	**3:35**	-0.2	6:34	7:44	
15	Sat	**10:09**	5.2	**11:07**	5.5	**4:10**	1.3	**4:21**	0.0	6:33	7:45	
16	Sun	**11:05**	5.2	**11:41**	5.7	**4:57**	0.8	**5:02**	0.3	6:31	7:46	
17	Mon	**11:57**	5.1			**5:40**	0.4	**5:40**	0.6	6:30	7:47	
18	Tue	**12:12**	5.7	**12:47**	4.9	**6:21**	0.1	**6:17**	1.0	6:29	7:48	
19	Wed	**12:42**	5.7	**1:35**	4.8	**7:00**	-0.2	**6:54**	1.5	6:27	7:49	
20	Thu	**1:11**	5.7	**2:24**	4.6	**7:38**	-0.3	**7:30**	1.9	6:26	7:50	
21	Fri	**1:40**	5.6	**3:14**	4.4	**8:16**	-0.3	**8:09**	2.4	6:25	7:51	
22	Sat	**2:10**	5.4	**4:07**	4.2	**8:56**	-0.2	**8:52**	2.7	6:23	7:52	
23	Sun	**2:45**	5.2	**5:07**	4.1	**9:40**	0.0	**9:44**	3.0	6:22	7:53	
24	Mon	**3:25**	4.9	**6:15**	4.1	**10:31**	0.2	**10:55**	3.2	6:21	7:54	
25	Tue	**4:16**	4.7	**7:22**	4.1	**11:29**	0.3			6:20	7:54	
26	Wed	**5:19**	4.4	**8:16**	4.3	**12:21**	3.1	**12:31**	0.4	6:18	7:55	
27	Thu	**6:31**	4.3	**8:56**	4.5	**1:34**	2.9	**1:30**	0.4	6:17	7:56	
28	Fri	**7:43**	4.3	**9:30**	4.7	**2:30**	2.5	**2:21**	0.4	6:16	7:57	
29	Sat	**8:48**	4.4	**10:00**	5.0	**3:16**	2.0	**3:06**	0.4	6:15	7:58	
30	Sun	**9:47**	4.5	**10:29**	5.3	**3:55**	1.5	**3:47**	0.5	6:14	7:59	