US HARBORS www.USHarbors.com

Alcatraz Island, CA - May 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**6:31**	4.9	**8:48**	5.0	**1:02**	2.8	**1:25**	-0.4	6:13	8:00	
2	Wed	**7:51**	4.9	**9:30**	5.3	**2:15**	2.2	**2:24**	-0.2	6:11	8:01	
3	Thu	**9:05**	4.9	**10:09**	5.6	**3:14**	1.5	**3:16**	0.0	6:10	8:02	
4	Fri	**10:12**	4.9	**10:45**	5.9	**4:07**	0.8	**4:02**	0.3	6:09	8:03	
5	Sat	**11:13**	4.9	**11:20**	6.1	**4:54**	0.1	**4:46**	0.7	6:08	8:03	
6	Sun			**12:10**	4.9	**5:39**	-0.4	**5:28**	1.2	6:07	8:04	
7	Mon			**1:05**	4.8	**6:23**	-0.7	**6:10**	1.7	6:06	8:05	
8	Tue	**12:27**	6.2	**1:59**	4.7	**7:05**	-0.9	**6:52**	2.1	6:05	8:06	
9	Wed	**1:01**	6.0	**2:53**	4.6	**7:46**	-0.9	**7:36**	2.5	6:04	8:07	
10	Thu	**1:36**	5.8	**3:48**	4.5	**8:29**	-0.8	**8:23**	2.9	6:03	8:08	
11	Fri	**2:12**	5.5	**4:46**	4.4	**9:13**	-0.6	**9:18**	3.1	6:02	8:09	
12	Sat	**2:53**	5.2	**5:47**	4.4	**10:01**	-0.3	**10:27**	3.3	6:01	8:10	
13	Sun	**3:41**	4.8	**6:47**	4.4	**10:54**	0.0	**11:47**	3.2	6:00	8:11	
14	Mon	**4:39**	4.5	**7:39**	4.5	**11:52**	0.2			5:59	8:11	
15	Tue	**5:48**	4.2	**8:21**	4.6	**1:02**	2.9	**12:49**	0.4	5:59	8:12	
16	Wed	**7:02**	4.0	**8:55**	4.8	**2:04**	2.5	**1:41**	0.6	5:58	8:13	
17	Thu	**8:14**	4.0	**9:24**	5.0	**2:54**	2.0	**2:28**	0.8	5:57	8:14	
18	Fri	**9:19**	4.0	**9:52**	5.3	**3:37**	1.5	**3:09**	1.0	5:56	8:15	
19	Sat	**10:18**	4.1	**10:20**	5.5	**4:14**	0.9	**3:47**	1.2	5:56	8:16	
20	Sun	**11:12**	4.3	**10:49**	5.8	**4:49**	0.4	**4:24**	1.5	5:55	8:17	
21	Mon			**12:04**	4.4	**5:24**	-0.1	**5:01**	1.9	5:54	8:17	
22	Tue			**12:56**	4.5	**6:01**	-0.6	**5:40**	2.2	5:53	8:18	
23	Wed			**1:47**	4.6	**6:40**	-1.0	**6:21**	2.5	5:53	8:19	
24	Thu	**12:30**	6.3	**2:40**	4.6	**7:22**	-1.2	**7:06**	2.7	5:52	8:20	
25	Fri	**1:11**	6.3	**3:35**	4.7	**8:08**	-1.4	**7:57**	2.9	5:52	8:21	
26	Sat	**1:57**	6.2	**4:31**	4.7	**8:58**	-1.3	**8:56**	3.1	5:51	8:21	
27	Sun	**2:49**	5.9	**5:29**	4.8	**9:53**	-1.1	**10:08**	3.0	5:51	8:22	
28	Mon	**3:49**	5.5	**6:26**	4.9	**10:51**	-0.8	**11:33**	2.8	5:50	8:23	
29	Tue	**5:00**	5.0	**7:18**	5.1	**11:52**	-0.5			5:50	8:24	
30	Wed	**6:20**	4.6	**8:06**	5.4	**12:55**	2.3	**12:52**	-0.1	5:49	8:24	
31	Thu	**7:43**	4.4	**8:49**	5.8	**2:06**	1.7	**1:49**	0.4	5:49	8:25	