US HARBORS www.USHarbors.com

Alcatraz Island, CA - Jul 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**10:22**	4.2	**9:34**	6.4	**3:46**	0.1	**3:04**	2.2	5:51	8:35	
2	Mon	**11:25**	4.4	**10:14**	6.5	**4:33**	-0.3	**3:56**	2.6	5:51	8:35	
3	Tue			**12:20**	4.6	**5:16**	-0.6	**4:44**	2.8	5:52	8:35	
4	Wed			**1:07**	4.7	**5:56**	-0.7	**5:31**	3.0	5:52	8:35	
5	Thu			**1:50**	4.8	**6:33**	-0.7	**6:15**	3.1	5:53	8:35	
6	Fri	**12:08**	6.2	**2:29**	4.8	**7:09**	-0.7	**6:57**	3.2	5:54	8:34	
7	Sat	**12:44**	6.0	**3:06**	4.8	**7:44**	-0.6	**7:39**	3.1	5:54	8:34	
8	Sun	**1:22**	5.8	**3:40**	4.8	**8:19**	-0.4	**8:23**	3.1	5:55	8:34	
9	Mon	**2:00**	5.5	**4:13**	4.8	**8:55**	-0.2	**9:10**	3.0	5:55	8:34	
10	Tue	**2:41**	5.1	**4:47**	4.8	**9:31**	0.1	**10:05**	2.9	5:56	8:33	
11	Wed	**3:27**	4.7	**5:22**	5.0	**10:09**	0.5	**11:08**	2.7	5:57	8:33	
12	Thu	**4:21**	4.3	**5:59**	5.1	**10:50**	0.9			5:57	8:32	
13	Fri	**5:31**	3.9	**6:38**	5.3	**12:14**	2.4	**11:35 AM**	1.4	5:58	8:32	
14	Sat	**6:59**	3.7	**7:18**	5.6	**1:18**	1.9	**12:25**	1.8	5:59	8:31	
15	Sun	**8:31**	3.7	**8:00**	5.9	**2:14**	1.3	**1:20**	2.3	5:59	8:31	
16	Mon	**9:51**	3.9	**8:43**	6.2	**3:03**	0.7	**2:16**	2.6	6:00	8:30	
17	Tue	**10:54**	4.2	**9:29**	6.5	**3:50**	0.0	**3:11**	2.8	6:01	8:30	
18	Wed	**11:48**	4.5	**10:16**	6.8	**4:35**	-0.5	**4:04**	2.9	6:02	8:29	
19	Thu			**12:36**	4.8	**5:21**	-1.0	**4:55**	2.9	6:02	8:29	
20	Fri			**1:21**	5.0	**6:07**	-1.3	**5:47**	2.8	6:03	8:28	
21	Sat			**2:04**	5.2	**6:53**	-1.5	**6:41**	2.7	6:04	8:27	
22	Sun	**12:47**	7.0	**2:47**	5.3	**7:39**	-1.4	**7:37**	2.5	6:05	8:27	
23	Mon	**1:40**	6.7	**3:30**	5.5	**8:25**	-1.1	**8:37**	2.3	6:05	8:26	
24	Tue	**2:36**	6.2	**4:14**	5.7	**9:11**	-0.6	**9:43**	2.0	6:06	8:25	
25	Wed	**3:37**	5.5	**4:59**	5.8	**9:59**	0.0	**10:55**	1.7	6:07	8:24	
26	Thu	**4:46**	4.8	**5:47**	6.0	**10:50**	0.7			6:08	8:23	
27	Fri	**6:08**	4.3	**6:36**	6.1	**12:11**	1.4	**11:45 AM**	1.4	6:09	8:23	
28	Sat	**7:42**	4.1	**7:27**	6.2	**1:24**	1.0	**12:46**	2.1	6:10	8:22	
29	Sun	**9:11**	4.2	**8:17**	6.3	**2:30**	0.5	**1:51**	2.5	6:10	8:21	
30	Mon	**10:24**	4.4	**9:06**	6.3	**3:27**	0.2	**2:52**	2.8	6:11	8:20	
31	Tue	**11:20**	4.7	**9:52**	6.3	**4:16**	-0.1	**3:48**	3.0	6:12	8:19	