

































## Alcatraz Island, CA - Oct 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:12	5.3	5:37	0.7	5:58	1.4	7:05	6:52	
2	Tue	12:06	5.3	12:35	5.4	6:05	0.9	6:30	1.1	7:06	6:51	
3	Wed	12:47	5.2	1:00	5.5	6:34	1.2	7:02	0.9	7:07	6:49	
4	Thu	1:29	5.0	1:25	5.6	7:03	1.5	7:37	0.7	7:08	6:48	
5	Fri	2:15	4.8	1:54	5.7	7:34	1.9	8:16	0.5	7:09	6:46	
6	Sat	3:06	4.6	2:26	5.7	8:09	2.4	9:01	0.4	7:10	6:45	
7	Sun	4:07	4.4	3:05	5.6	8:50	2.8	9:55	0.3	7:11	6:43	
8	Mon	5:20	4.3	3:54	5.6	9:43	3.2	10:58	0.3	7:11	6:42	
9	Tue	6:43	4.3	4:56	5.5	10:57	3.4			7:12	6:40	
10	Wed	7:57	4.5	6:11	5.4	12:09	0.2	12:28	3.4	7:13	6:39	
11	Thu	8:53	4.8	7:28	5.5	1:20	0.1	1:47	3.0	7:14	6:37	
12	Fri	9:37	5.1	8:39	5.7	2:23	-0.1	2:50	2.4	7:15	6:36	
13	Sat	10:16	5.4	9:44	5.8	3:16	-0.2	3:43	1.8	7:16	6:35	
14	Sun	10:52	5.7	10:44	5.8	4:04	-0.1	4:33	1.1	7:17	6:33	
15	Mon	11:28	6.0	11:41	5.8	4:48	0.1	5:21	0.5	7:18	6:32	
16	Tue			12:03	6.3	5:31	0.5	6:08	0.0	7:19	6:30	
17	Wed	12:38	5.7	12:39	6.4	6:12	1.0	6:55	-0.4	7:20	6:29	
18	Thu	1:34	5.4	1:15	6.4	6:55	1.5	7:43	-0.5	7:21	6:28	
19	Fri	2:32	5.2	1:53	6.3	7:39	2.1	8:31	-0.5	7:22	6:26	
20	Sat	3:34	4.9	2:33	6.0	8:27	2.6	9:23	-0.3	7:23	6:25	
21	Sun	4:40	4.7	3:18	5.7	9:24	3.1	10:20	0.0	7:24	6:24	
22	Mon	5:54	4.6	4:10	5.3	10:38	3.3	11:22	0.3	7:25	6:22	
23	Tue	7:09	4.7	5:14	4.9			12:05	3.4	7:26	6:21	
24	Wed	8:11	4.8	6:26	4.7	12:29	0.5	1:23	3.2	7:27	6:20	
25	Thu	8:59	4.9	7:38	4.6	1:31	0.6	2:24	2.8	7:28	6:19	
26	Fri	9:36	5.0	8:42	4.7	2:25	0.6	3:13	2.3	7:29	6:17	
27	Sat	10:05	5.2	9:37	4.7	3:09	0.7	3:54	1.9	7:30	6:16	
28	Sun	9:31	5.3	9:27	4.8	2:48	0.8	3:31	1.4	6:31	5:15	
29	Mon	9:55	5.5	10:13	4.8	3:22	1.0	4:04	1.0	6:32	5:14	
30	Tue	10:19	5.6	10:59	4.8	3:53	1.3	4:36	0.6	6:33	5:13	
31	Wed	10:45	5.8	11:44	4.8	4:24	1.6	5:08	0.3	6:34	5:12	