





Alcatraz Island, CA - Dec 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:31	4.7	11:08 AM	6.4	5:02	2.8	6:01	-0.9	7:06	4:50	☉
2	Sun	1:20	4.8	11:47 AM	6.4	5:44	3.0	6:44	-1.1	7:07	4:50	☉
3	Mon	2:10	4.8	12:30	6.3	6:30	3.2	7:30	-1.0	7:08	4:50	☉
4	Tue	3:02	4.8	1:18	6.1	7:24	3.2	8:20	-0.9	7:09	4:50	☾
5	Wed	3:56	4.9	2:14	5.7	8:29	3.2	9:15	-0.6	7:10	4:50	☾
6	Thu	4:50	5.0	3:21	5.3	9:48	3.1	10:13	-0.2	7:11	4:50	☾
7	Fri	5:43	5.2	4:39	4.8	11:14	2.7	11:13	0.2	7:12	4:50	☾
8	Sat	6:32	5.5	6:06	4.5			12:31	2.0	7:12	4:50	☾
9	Sun	7:16	5.9	7:31	4.4	12:13	0.6	1:35	1.3	7:13	4:50	☾
10	Mon	7:58	6.2	8:48	4.5	1:08	1.1	2:31	0.5	7:14	4:50	☾
11	Tue	8:39	6.5	9:55	4.6	2:01	1.5	3:20	-0.1	7:15	4:50	☾
12	Wed	9:17	6.7	10:55	4.8	2:50	2.0	4:05	-0.6	7:16	4:51	☾
13	Thu	9:56	6.7	11:50	4.9	3:38	2.3	4:48	-0.9	7:16	4:51	☾
14	Fri	10:34	6.7			4:25	2.7	5:29	-1.1	7:17	4:51	☾
15	Sat	12:40	5.0	11:12 AM	6.5	5:11	2.9	6:09	-1.0	7:18	4:51	☾
16	Sun	1:28	5.0	11:50 AM	6.3	5:58	3.1	6:49	-0.9	7:18	4:52	☾
17	Mon	2:13	5.0	12:29	6.0	6:45	3.2	7:29	-0.7	7:19	4:52	☾
18	Tue	2:58	4.9	1:09	5.6	7:36	3.3	8:10	-0.4	7:20	4:52	☾
19	Wed	3:42	4.8	1:53	5.2	8:32	3.3	8:53	0.0	7:20	4:53	☾
20	Thu	4:25	4.8	2:42	4.7	9:37	3.2	9:38	0.4	7:21	4:53	☾
21	Fri	5:07	4.8	3:42	4.3	10:49	3.0	10:26	0.8	7:21	4:54	☾
22	Sat	5:47	5.0	4:55	3.9	11:59	2.6	11:16	1.2	7:22	4:54	☾
23	Sun	6:25	5.2	6:20	3.7			12:59	2.1	7:22	4:55	☾
24	Mon	7:01	5.4	7:44	3.7	12:07	1.6	1:49	1.5	7:23	4:55	☾
25	Tue	7:36	5.7	8:56	3.9	12:56	2.0	2:32	0.9	7:23	4:56	☾
26	Wed	8:11	5.9	9:56	4.2	1:44	2.3	3:11	0.4	7:23	4:57	☾
27	Thu	8:48	6.2	10:49	4.4	2:30	2.6	3:48	-0.2	7:24	4:57	☾
28	Fri	9:25	6.4	11:36	4.7	3:14	2.8	4:26	-0.7	7:24	4:58	☾
29	Sat	10:06	6.6			3:58	2.9	5:05	-1.0	7:24	4:59	☾
30	Sun	12:21	4.8	10:48 AM	6.7	4:43	3.0	5:47	-1.3	7:24	4:59	☾

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Mon	1:06	5.0	11:33 AM	6.7	5:30	3.0	6:33	-1.5	7:25	5:00	