



Alcatraz Island, CA - Mar 2002

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:14	5.8	1:07	5.8	6:52	0.8	7:11	0.0	6:40	6:03	☉
2	Sat	1:51	5.9	2:06	5.3	7:47	0.5	7:53	0.7	6:39	6:04	☾
3	Sun	2:31	6.0	3:13	4.7	8:47	0.4	8:39	1.5	6:37	6:05	☾
4	Mon	3:15	6.0	4:34	4.2	9:54	0.3	9:34	2.2	6:36	6:06	☾
5	Tue	4:05	5.8	6:11	4.0	11:07	0.3	10:45	2.8	6:35	6:07	☾
6	Wed	5:03	5.7	7:45	4.2			12:23	0.2	6:33	6:08	☾
7	Thu	6:09	5.5	8:53	4.5	12:12	3.1	1:32	0.0	6:32	6:09	☾
8	Fri	7:15	5.5	9:43	4.7	1:30	3.0	2:30	-0.1	6:30	6:10	☾
9	Sat	8:15	5.5	10:23	4.9	2:32	2.8	3:18	-0.2	6:29	6:11	☾
10	Sun	9:07	5.5	10:56	4.9	3:22	2.5	3:58	-0.2	6:27	6:12	☾
11	Mon	9:52	5.5	11:25	4.9	4:03	2.3	4:32	-0.2	6:26	6:12	☾
12	Tue	10:33	5.5	11:50	5.0	4:40	2.0	5:03	0.0	6:24	6:13	☾
13	Wed	11:12	5.4			5:14	1.7	5:32	0.1	6:23	6:14	☾
14	Thu	12:12	5.0	11:50 AM	5.2	5:47	1.5	5:59	0.4	6:21	6:15	☾
15	Fri	12:34	5.1	12:28	4.9	6:19	1.3	6:26	0.8	6:20	6:16	☾
16	Sat	12:57	5.2	1:08	4.7	6:53	1.1	6:53	1.2	6:18	6:17	☾
17	Sun	1:21	5.2	1:53	4.4	7:29	0.9	7:22	1.6	6:17	6:18	☾
18	Mon	1:48	5.3	2:46	4.1	8:10	0.8	7:54	2.1	6:15	6:19	☾
19	Tue	2:19	5.3	3:54	3.8	8:58	0.7	8:33	2.6	6:14	6:20	☾
20	Wed	2:58	5.3	5:24	3.7	9:57	0.6	9:28	3.0	6:12	6:21	☾
21	Thu	3:49	5.2	7:02	3.8	11:06	0.4	10:51	3.3	6:11	6:22	☾
22	Fri	4:53	5.2	8:12	4.1			12:20	0.2	6:09	6:23	☾
23	Sat	6:07	5.3	8:58	4.4	12:22	3.3	1:25	-0.2	6:08	6:24	☾
24	Sun	7:18	5.5	9:36	4.7	1:33	2.9	2:21	-0.5	6:06	6:25	☾
25	Mon	8:23	5.8	10:11	5.0	2:30	2.4	3:10	-0.7	6:05	6:26	☾
26	Tue	9:23	6.0	10:45	5.3	3:21	1.8	3:54	-0.8	6:03	6:27	☾
27	Wed	10:20	6.0	11:19	5.6	4:10	1.1	4:37	-0.6	6:02	6:27	☾
28	Thu	11:15	5.9	11:53	5.9	4:58	0.5	5:18	-0.2	6:00	6:28	☾
29	Fri			12:11	5.7	5:47	0.0	5:59	0.3	5:59	6:29	☾
30	Sat	12:29	6.1	1:09	5.3	6:37	-0.4	6:40	0.9	5:57	6:30	☾
31	Sun	1:06	6.2	2:10	4.9	7:29	-0.5	7:25	1.6	5:55	6:31	☾