

















Alcatraz Island, CA - Jun 2002

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:06	4.8	6:52	4.7	11:12	-0.1			5:49	8:25	
2	Sun	5:09	4.3	7:36	4.8	12:17	2.9	12:06	0.3	5:48	8:26	
3	Mon	6:23	4.0	8:14	5.0	1:26	2.5	12:58	0.6	5:48	8:27	
4	Tue	7:41	3.8	8:45	5.2	2:24	2.0	1:46	1.0	5:48	8:27	
5	Wed	8:56	3.7	9:14	5.4	3:12	1.5	2:30	1.4	5:47	8:28	
6	Thu	10:02	3.8	9:42	5.6	3:54	0.9	3:11	1.7	5:47	8:29	
7	Fri	11:01	4.0	10:11	5.8	4:32	0.4	3:50	2.1	5:47	8:29	
8	Sat	11:54	4.1	10:41	6.0	5:06	0.0	4:28	2.4	5:47	8:30	
9	Sun			12:43	4.3	5:40	-0.4	5:06	2.7	5:47	8:30	
10	Mon			1:30	4.4	6:15	-0.7	5:45	3.0	5:47	8:31	
11	Tue			2:15	4.5	6:51	-1.0	6:26	3.1	5:46	8:31	
12	Wed	12:27	6.2	3:01	4.6	7:31	-1.1	7:11	3.2	5:46	8:32	
13	Thu	1:09	6.2	3:47	4.7	8:14	-1.2	8:01	3.2	5:46	8:32	
14	Fri	1:55	6.0	4:35	4.7	9:00	-1.1	9:00	3.2	5:46	8:33	
15	Sat	2:46	5.7	5:22	4.9	9:49	-0.9	10:10	3.0	5:46	8:33	
16	Sun	3:45	5.3	6:09	5.1	10:40	-0.6	11:29	2.7	5:47	8:33	
17	Mon	4:54	4.8	6:55	5.4	11:34	-0.1			5:47	8:34	
18	Tue	6:16	4.4	7:38	5.7	12:47	2.1	12:29	0.4	5:47	8:34	
19	Wed	7:44	4.1	8:21	6.1	1:56	1.4	1:24	0.9	5:47	8:34	
20	Thu	9:10	4.1	9:03	6.4	2:57	0.6	2:19	1.5	5:47	8:34	
21	Fri	10:27	4.2	9:44	6.6	3:50	-0.1	3:12	2.0	5:47	8:35	
22	Sat	11:33	4.5	10:26	6.8	4:40	-0.7	4:04	2.4	5:48	8:35	
23	Sun			12:32	4.7	5:26	-1.1	4:55	2.7	5:48	8:35	
24	Mon			1:25	4.8	6:11	-1.3	5:46	2.9	5:48	8:35	
25	Tue			2:14	4.9	6:54	-1.3	6:36	3.1	5:48	8:35	
26	Wed	12:34	6.4	3:00	4.9	7:37	-1.2	7:28	3.1	5:49	8:35	
27	Thu	1:16	6.1	3:44	4.9	8:19	-1.0	8:20	3.2	5:49	8:35	
28	Fri	1:59	5.8	4:26	4.9	9:00	-0.7	9:16	3.1	5:50	8:35	
29	Sat	2:44	5.3	5:07	4.9	9:42	-0.3	10:18	3.0	5:50	8:35	
30	Sun	3:32	4.8	5:47	4.9	10:25	0.1	11:25	2.8	5:50	8:35	