
































Alcatraz Island, CA - Aug 2002

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:27	3.6	6:27	5.5	12:35	1.9	11:42 AM	2.3	6:13	8:18	
2	Fri	8:09	3.6	7:12	5.6	1:38	1.5	12:39	2.8	6:14	8:17	
3	Sat	9:37	3.9	8:00	5.9	2:33	1.0	1:43	3.1	6:14	8:16	
4	Sun	10:39	4.2	8:49	6.1	3:22	0.5	2:42	3.2	6:15	8:15	
5	Mon	11:26	4.4	9:38	6.4	4:07	0.0	3:35	3.3	6:16	8:14	
6	Tue			12:06	4.7	4:49	-0.4	4:23	3.2	6:17	8:13	
7	Wed			12:43	4.9	5:30	-0.8	5:10	3.0	6:18	8:12	
8	Thu			1:20	5.0	6:12	-1.0	5:57	2.7	6:19	8:11	
9	Fri	12:03	6.8	1:56	5.2	6:53	-1.1	6:46	2.4	6:20	8:10	
10	Sat	12:52	6.7	2:32	5.4	7:34	-0.9	7:38	2.1	6:20	8:09	
11	Sun	1:44	6.3	3:10	5.6	8:15	-0.5	8:35	1.8	6:21	8:07	
12	Mon	2:40	5.8	3:49	5.8	8:57	0.0	9:37	1.5	6:22	8:06	
13	Tue	3:43	5.2	4:32	6.0	9:42	0.7	10:45	1.2	6:23	8:05	
14	Wed	4:57	4.6	5:19	6.1	10:31	1.5			6:24	8:04	
15	Thu	6:26	4.2	6:11	6.2	12:00	0.9	11:29 AM	2.2	6:25	8:02	
16	Fri	8:04	4.2	7:08	6.3	1:14	0.5	12:39	2.7	6:26	8:01	
17	Sat	9:30	4.4	8:07	6.3	2:23	0.2	1:54	3.0	6:26	8:00	
18	Sun	10:33	4.7	9:04	6.4	3:23	-0.1	3:01	3.1	6:27	7:59	
19	Mon	11:23	4.9	9:57	6.4	4:15	-0.3	3:59	3.0	6:28	7:57	
20	Tue			12:05	5.1	5:00	-0.4	4:49	2.9	6:29	7:56	
21	Wed			12:42	5.1	5:40	-0.4	5:33	2.7	6:30	7:55	
22	Thu			1:15	5.1	6:16	-0.3	6:13	2.5	6:31	7:53	
23	Fri	12:09	6.1	1:44	5.1	6:49	-0.1	6:51	2.3	6:32	7:52	
24	Sat	12:48	5.8	2:10	5.1	7:20	0.1	7:29	2.2	6:32	7:50	
25	Sun	1:27	5.5	2:35	5.1	7:50	0.5	8:07	2.0	6:33	7:49	
26	Mon	2:07	5.2	3:01	5.2	8:20	0.9	8:48	1.9	6:34	7:48	
27	Tue	2:50	4.8	3:28	5.3	8:50	1.4	9:33	1.8	6:35	7:46	
28	Wed	3:41	4.4	3:59	5.3	9:23	1.9	10:25	1.6	6:36	7:45	
29	Thu	4:45	4.0	4:37	5.4	10:01	2.4	11:27	1.5	6:37	7:43	
30	Fri	6:12	3.8	5:23	5.4	10:51	2.9			6:38	7:42	
31	Sat	7:56	3.8	6:18	5.5	12:35	1.2	12:01	3.3	6:38	7:40	