

































## Alcatraz Island, CA - Sep 2002

| Date |     | High  |     |       |     | Low   |      |       |     |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft  | Rise  | Set  | Moon  |
| 1    | Sun | 9:19  | 4.1 | 7:19  | 5.6 | 1:42  | 0.9  | 1:20  | 3.4 | 6:39  | 7:39 |    |
| 2    | Mon | 10:12 | 4.4 | 8:19  | 5.9 | 2:41  | 0.5  | 2:27  | 3.4 | 6:40  | 7:37 |    |
| 3    | Tue | 10:52 | 4.7 | 9:16  | 6.2 | 3:32  | 0.0  | 3:22  | 3.1 | 6:41  | 7:36 |    |
| 4    | Wed | 11:27 | 4.9 | 10:10 | 6.5 | 4:18  | -0.4 | 4:10  | 2.7 | 6:42  | 7:34 |    |
| 5    | Thu |       |     | 12:01 | 5.1 | 5:01  | -0.6 | 4:57  | 2.3 | 6:43  | 7:33 |    |
| 6    | Fri |       |     | 12:35 | 5.4 | 5:42  | -0.7 | 5:44  | 1.8 | 6:44  | 7:31 |    |
| 7    | Sat |       |     | 1:09  | 5.6 | 6:23  | -0.6 | 6:33  | 1.3 | 6:44  | 7:30 |    |
| 8    | Sun | 12:48 | 6.4 | 1:45  | 5.9 | 7:03  | -0.2 | 7:24  | 0.9 | 6:45  | 7:28 |    |
| 9    | Mon | 1:43  | 6.0 | 2:21  | 6.1 | 7:44  | 0.3  | 8:18  | 0.6 | 6:46  | 7:27 |    |
| 10   | Tue | 2:42  | 5.6 | 3:01  | 6.2 | 8:26  | 1.0  | 9:16  | 0.4 | 6:47  | 7:25 |    |
| 11   | Wed | 3:48  | 5.0 | 3:44  | 6.2 | 9:13  | 1.7  | 10:20 | 0.3 | 6:48  | 7:24 |    |
| 12   | Thu | 5:05  | 4.6 | 4:34  | 6.2 | 10:07 | 2.4  | 11:31 | 0.3 | 6:49  | 7:22 |   |
| 13   | Fri | 6:35  | 4.4 | 5:32  | 6.0 | 11:16 | 2.9  |       |     | 6:49  | 7:21 |  |
| 14   | Sat | 8:07  | 4.5 | 6:38  | 5.9 | 12:46 | 0.2  | 12:41 | 3.2 | 6:50  | 7:19 |  |
| 15   | Sun | 9:19  | 4.8 | 7:47  | 5.8 | 1:58  | 0.2  | 2:02  | 3.2 | 6:51  | 7:17 |  |
| 16   | Mon | 10:12 | 5.0 | 8:51  | 5.8 | 3:00  | 0.1  | 3:06  | 2.9 | 6:52  | 7:16 |  |
| 17   | Tue | 10:54 | 5.1 | 9:46  | 5.8 | 3:51  | 0.0  | 3:59  | 2.6 | 6:53  | 7:14 |  |
| 18   | Wed | 11:30 | 5.2 | 10:35 | 5.8 | 4:34  | 0.0  | 4:43  | 2.3 | 6:54  | 7:13 |  |
| 19   | Thu |       |     | 12:01 | 5.2 | 5:11  | 0.1  | 5:22  | 2.0 | 6:55  | 7:11 |  |
| 20   | Fri |       |     | 12:28 | 5.3 | 5:44  | 0.3  | 5:57  | 1.8 | 6:55  | 7:10 |  |
| 21   | Sat | 12:00 | 5.6 | 12:51 | 5.3 | 6:13  | 0.5  | 6:31  | 1.5 | 6:56  | 7:08 |  |
| 22   | Sun | 12:39 | 5.4 | 1:14  | 5.3 | 6:42  | 0.9  | 7:04  | 1.3 | 6:57  | 7:07 |  |
| 23   | Mon | 1:19  | 5.1 | 1:36  | 5.4 | 7:10  | 1.2  | 7:38  | 1.1 | 6:58  | 7:05 |  |
| 24   | Tue | 2:01  | 4.9 | 2:00  | 5.4 | 7:38  | 1.7  | 8:14  | 1.0 | 6:59  | 7:03 |  |
| 25   | Wed | 2:46  | 4.6 | 2:27  | 5.5 | 8:08  | 2.1  | 8:53  | 0.9 | 7:00  | 7:02 |  |
| 26   | Thu | 3:39  | 4.3 | 2:58  | 5.4 | 8:40  | 2.6  | 9:39  | 0.9 | 7:01  | 7:00 |  |
| 27   | Fri | 4:44  | 4.1 | 3:37  | 5.4 | 9:20  | 3.0  | 10:35 | 0.8 | 7:01  | 6:59 |  |
| 28   | Sat | 6:08  | 4.0 | 4:27  | 5.3 | 10:15 | 3.4  | 11:41 | 0.8 | 7:02  | 6:57 |  |
| 29   | Sun | 7:39  | 4.1 | 5:30  | 5.3 | 11:39 | 3.6  |       |     | 7:03  | 6:56 |  |
| 30   | Mon | 8:47  | 4.4 | 6:42  | 5.3 | 12:53 | 0.6  | 1:09  | 3.5 | 7:04  | 6:54 |  |