
































## Alcatraz Island, CA - Jun 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:54	4.5	10:48	6.7	4:59	-0.9	4:29	2.3	5:48	8:26	
2	Wed			12:54	4.7	5:45	-1.5	5:17	2.6	5:48	8:26	
3	Thu			1:52	4.8	6:34	-1.8	6:08	2.9	5:48	8:27	
4	Fri	12:17	6.9	2:48	4.8	7:24	-2.0	7:03	3.1	5:47	8:28	
5	Sat	1:07	6.8	3:43	4.9	8:16	-1.9	8:03	3.1	5:47	8:28	
6	Sun	2:01	6.5	4:38	4.9	9:09	-1.6	9:12	3.1	5:47	8:29	
7	Mon	2:59	6.0	5:32	5.0	10:04	-1.2	10:31	2.9	5:47	8:29	
8	Tue	4:02	5.4	6:24	5.1	11:00	-0.7	11:54	2.6	5:47	8:30	
9	Wed	5:13	4.8	7:12	5.3	11:55	-0.1			5:47	8:30	
10	Thu	6:33	4.2	7:56	5.5	1:11	2.1	12:49	0.5	5:46	8:31	
11	Fri	7:58	3.9	8:35	5.7	2:18	1.4	1:40	1.0	5:46	8:31	
12	Sat	9:20	3.9	9:10	5.9	3:15	0.8	2:29	1.6	5:46	8:32	
13	Sun	10:32	4.0	9:43	6.0	4:03	0.3	3:15	2.1	5:46	8:32	
14	Mon	11:34	4.1	10:14	6.0	4:45	-0.1	3:59	2.6	5:46	8:33	
15	Tue			12:27	4.3	5:22	-0.4	4:41	2.9	5:46	8:33	
16	Wed			1:14	4.4	5:57	-0.5	5:22	3.2	5:47	8:33	
17	Thu			1:57	4.5	6:30	-0.6	6:01	3.3	5:47	8:34	
18	Fri			2:36	4.5	7:04	-0.7	6:40	3.4	5:47	8:34	
19	Sat	12:25	5.9	3:13	4.5	7:38	-0.7	7:20	3.4	5:47	8:34	
20	Sun	1:03	5.8	3:50	4.5	8:13	-0.7	8:02	3.4	5:47	8:35	
21	Mon	1:41	5.6	4:26	4.5	8:50	-0.6	8:50	3.3	5:47	8:35	
22	Tue	2:23	5.3	5:03	4.6	9:28	-0.4	9:46	3.2	5:48	8:35	
23	Wed	3:09	5.0	5:39	4.8	10:08	-0.2	10:52	3.0	5:48	8:35	
24	Thu	4:04	4.6	6:15	5.0	10:51	0.2			5:48	8:35	
25	Fri	5:13	4.2	6:52	5.3	12:02	2.5	11:37 AM	0.7	5:49	8:35	
26	Sat	6:38	3.8	7:29	5.7	1:08	1.9	12:26	1.2	5:49	8:35	
27	Sun	8:13	3.7	8:07	6.1	2:08	1.1	1:19	1.8	5:49	8:35	
28	Mon	9:41	3.9	8:49	6.5	3:02	0.3	2:14	2.3	5:50	8:35	
29	Tue	10:55	4.2	9:34	6.8	3:53	-0.5	3:09	2.7	5:50	8:35	
30	Wed	11:58	4.5	10:22	7.1	4:43	-1.1	4:05	3.0	5:51	8:35	