

Alcatraz Island, CA - Jul 2004

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:53	4.8	5:33	-1.6	5:01	3.1	5:51	8:35	☾
2	Fri			1:44	4.9	6:23	-1.8	5:57	3.1	5:52	8:35	☾
3	Sat	12:05	7.2	2:31	5.0	7:12	-1.8	6:55	3.0	5:52	8:35	☾
4	Sun	12:58	6.9	3:17	5.1	8:01	-1.6	7:55	2.9	5:53	8:35	☾
5	Mon	1:52	6.5	4:02	5.2	8:49	-1.3	9:00	2.7	5:53	8:35	☾
6	Tue	2:48	6.0	4:47	5.3	9:36	-0.8	10:10	2.5	5:54	8:34	☾
7	Wed	3:47	5.3	5:31	5.5	10:23	-0.1	11:24	2.2	5:54	8:34	☾
8	Thu	4:54	4.6	6:15	5.6	11:11	0.6			5:55	8:34	☾
9	Fri	6:15	4.0	6:58	5.7	12:38	1.8	12:01	1.3	5:56	8:33	☾
10	Sat	7:48	3.7	7:39	5.8	1:47	1.3	12:54	2.0	5:56	8:33	☾
11	Sun	9:21	3.8	8:20	5.9	2:47	0.8	1:50	2.5	5:57	8:33	☾
12	Mon	10:35	4.0	8:59	6.0	3:38	0.4	2:45	2.9	5:58	8:32	☾
13	Tue	11:33	4.3	9:38	6.1	4:22	0.1	3:37	3.2	5:58	8:32	☾
14	Wed			12:20	4.5	5:01	-0.2	4:25	3.3	5:59	8:31	☾
15	Thu			12:59	4.6	5:38	-0.3	5:07	3.4	6:00	8:31	☾
16	Fri			1:34	4.7	6:12	-0.5	5:47	3.4	6:00	8:30	☾
17	Sat			2:06	4.7	6:45	-0.5	6:24	3.3	6:01	8:30	☾
18	Sun	12:12	6.1	2:36	4.7	7:17	-0.6	7:02	3.2	6:02	8:29	☾
19	Mon	12:50	6.0	3:05	4.8	7:49	-0.5	7:41	3.0	6:03	8:28	☾
20	Tue	1:28	5.8	3:35	4.9	8:21	-0.4	8:25	2.9	6:03	8:28	☾
21	Wed	2:09	5.5	4:06	5.0	8:54	-0.2	9:16	2.7	6:04	8:27	☾
22	Thu	2:55	5.1	4:38	5.2	9:29	0.2	10:14	2.4	6:05	8:26	☾
23	Fri	3:50	4.6	5:12	5.5	10:07	0.8	11:19	1.9	6:06	8:26	☾
24	Sat	5:02	4.1	5:51	5.7	10:50	1.4			6:07	8:25	☾
25	Sun	6:36	3.8	6:34	6.0	12:29	1.4	11:40 AM	2.1	6:07	8:24	☾
26	Mon	8:22	3.8	7:24	6.3	1:36	0.7	12:41	2.7	6:08	8:23	☾
27	Tue	9:52	4.1	8:18	6.6	2:39	0.1	1:49	3.1	6:09	8:22	☾
28	Wed	10:59	4.4	9:14	6.9	3:37	-0.5	2:56	3.2	6:10	8:21	☾
29	Thu	11:51	4.7	10:10	7.1	4:31	-1.0	3:58	3.2	6:11	8:21	☾
30	Fri			12:37	4.9	5:21	-1.3	4:56	3.0	6:11	8:20	☾
31	Sat			1:19	5.1	6:09	-1.4	5:52	2.8	6:12	8:19	☾