



Alcatraz Island, CA - Oct 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:27	4.9	1:57	5.8	7:42	2.0	8:31	0.3	7:05	6:52	☉
2	Sat	3:23	4.6	2:26	5.7	8:19	2.6	9:16	0.4	7:06	6:50	☾
3	Sun	4:28	4.4	3:00	5.5	9:02	3.1	10:07	0.5	7:07	6:49	☾
4	Mon	5:47	4.2	3:43	5.3	9:57	3.5	11:08	0.7	7:08	6:47	☾
5	Tue	7:17	4.2	4:39	5.1	11:22	3.7			7:09	6:46	☾
6	Wed	8:29	4.4	5:49	4.9	12:18	0.8	12:54	3.7	7:10	6:44	☾
7	Thu	9:16	4.5	7:02	4.9	1:27	0.7	2:02	3.4	7:11	6:43	☾
8	Fri	9:49	4.7	8:09	5.0	2:23	0.6	2:53	3.0	7:12	6:41	☾
9	Sat	10:16	4.9	9:06	5.1	3:09	0.5	3:34	2.5	7:13	6:40	☾
10	Sun	10:40	5.1	9:58	5.2	3:47	0.4	4:11	2.0	7:14	6:38	☾
11	Mon	11:04	5.3	10:47	5.3	4:21	0.4	4:47	1.5	7:14	6:37	☾
12	Tue	11:29	5.5	11:35	5.3	4:53	0.6	5:22	1.0	7:15	6:36	☾
13	Wed	11:54	5.8			5:24	0.9	5:59	0.4	7:16	6:34	☾
14	Thu	12:25	5.2	12:22	6.1	5:57	1.3	6:39	0.0	7:17	6:33	☾
15	Fri	1:18	5.1	12:52	6.3	6:32	1.8	7:22	-0.4	7:18	6:31	☾
16	Sat	2:14	4.9	1:26	6.4	7:10	2.3	8:10	-0.6	7:19	6:30	☾
17	Sun	3:16	4.7	2:06	6.4	7:52	2.8	9:03	-0.6	7:20	6:29	☾
18	Mon	4:26	4.6	2:54	6.2	8:42	3.2	10:04	-0.5	7:21	6:27	☾
19	Tue	5:45	4.5	3:53	5.9	9:48	3.5	11:13	-0.4	7:22	6:26	☾
20	Wed	7:04	4.6	5:07	5.6	11:22	3.6			7:23	6:25	☾
21	Thu	8:08	4.8	6:29	5.4	12:28	-0.2	12:59	3.3	7:24	6:23	☾
22	Fri	8:58	5.1	7:49	5.3	1:36	-0.1	2:15	2.7	7:25	6:22	☾
23	Sat	9:39	5.4	9:00	5.3	2:34	0.0	3:14	2.0	7:26	6:21	☾
24	Sun	10:14	5.6	10:04	5.2	3:23	0.2	4:05	1.4	7:27	6:19	☾
25	Mon	10:47	5.9	11:02	5.2	4:05	0.5	4:50	0.8	7:28	6:18	☾
26	Tue	11:17	6.0	11:56	5.0	4:44	0.9	5:32	0.3	7:29	6:17	☾
27	Wed	11:45	6.1			5:20	1.4	6:11	0.0	7:30	6:16	☾
28	Thu	12:48	4.9	12:12	6.1	5:56	1.9	6:48	-0.2	7:31	6:15	☾
29	Fri	1:40	4.8	12:39	6.0	6:32	2.4	7:25	-0.3	7:32	6:13	☾
30	Sat	2:31	4.7	1:06	5.9	7:09	2.9	8:03	-0.3	7:33	6:12	☾
31	Sun	2:25	4.6	12:37	5.7	6:48	3.2	7:43	-0.1	6:34	5:11	☾