

Alcatraz Island, CA - Mar 2005

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:32	5.6	3:42	3.9	9:06	0.7	8:31	2.3	6:40	6:03	☾
2	Wed	3:11	5.7	5:21	3.6	10:11	0.5	9:20	2.9	6:38	6:04	☾
3	Thu	4:01	5.7	7:16	3.8	11:26	0.2	10:37	3.4	6:37	6:05	☾
4	Fri	5:07	5.7	8:36	4.1			12:43	-0.1	6:36	6:06	☾
5	Sat	6:22	5.9	9:26	4.4	12:16	3.5	1:51	-0.5	6:34	6:07	☾
6	Sun	7:35	6.1	10:05	4.7	1:39	3.2	2:48	-0.8	6:33	6:08	☾
7	Mon	8:40	6.3	10:40	5.0	2:42	2.7	3:38	-1.0	6:31	6:09	☾
8	Tue	9:39	6.3	11:14	5.3	3:37	2.2	4:22	-1.0	6:30	6:10	☾
9	Wed	10:34	6.3	11:47	5.5	4:27	1.6	5:02	-0.8	6:28	6:11	☾
10	Thu	11:27	6.0			5:16	1.1	5:40	-0.4	6:27	6:12	☾
11	Fri	12:19	5.7	12:19	5.6	6:05	0.7	6:17	0.1	6:25	6:13	☾
12	Sat	12:51	5.9	1:13	5.2	6:52	0.4	6:54	0.8	6:24	6:14	☾
13	Sun	1:23	5.9	2:10	4.7	7:41	0.2	7:32	1.5	6:22	6:15	☾
14	Mon	1:56	5.8	3:14	4.2	8:32	0.2	8:13	2.2	6:21	6:16	☾
15	Tue	2:31	5.7	4:34	3.9	9:28	0.3	9:01	2.8	6:19	6:17	☾
16	Wed	3:12	5.4	6:14	3.9	10:32	0.4	10:11	3.3	6:18	6:17	☾
17	Thu	4:03	5.2	7:47	4.0	11:45	0.5	11:46	3.4	6:16	6:18	☾
18	Fri	5:08	5.0	8:45	4.3			12:56	0.4	6:15	6:19	☾
19	Sat	6:21	4.9	9:25	4.4	1:06	3.3	1:56	0.3	6:13	6:20	☾
20	Sun	7:27	5.0	9:55	4.5	2:05	3.0	2:43	0.2	6:12	6:21	☾
21	Mon	8:23	5.1	10:21	4.6	2:51	2.6	3:22	0.1	6:10	6:22	☾
22	Tue	9:11	5.2	10:44	4.8	3:30	2.2	3:54	0.0	6:09	6:23	☾
23	Wed	9:55	5.2	11:06	4.9	4:05	1.9	4:23	0.1	6:07	6:24	☾
24	Thu	10:38	5.2	11:28	5.1	4:39	1.4	4:51	0.3	6:06	6:25	☾
25	Fri	11:21	5.1	11:51	5.3	5:12	1.0	5:18	0.6	6:04	6:26	☾
26	Sat			12:06	4.9	5:47	0.6	5:46	1.0	6:03	6:27	☾
27	Sun	12:15	5.5	12:53	4.7	6:24	0.3	6:16	1.4	6:01	6:28	☾
28	Mon	12:41	5.7	1:47	4.5	7:05	0.0	6:49	2.0	6:00	6:29	☾
29	Tue	1:11	5.8	2:49	4.2	7:51	-0.2	7:26	2.5	5:58	6:30	☾
30	Wed	1:47	5.8	4:05	4.0	8:45	-0.3	8:11	3.0	5:57	6:30	☾
31	Thu	2:33	5.7	5:37	3.9	9:48	-0.3	9:16	3.3	5:55	6:31	☾