
































## Alcatraz Island, CA - Apr 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:33	5.6	7:04	4.1	11:03	-0.3	10:54	3.4	5:54	6:32	
2	Sat	4:49	5.4	8:05	4.4			12:19	-0.4	5:52	6:33	
3	Sun	7:12	5.4	9:48	4.7	12:32	3.2	2:25	-0.5	6:51	7:34	
4	Mon	8:28	5.4	10:25	5.0	2:45	2.6	3:20	-0.6	6:49	7:35	
5	Tue	9:36	5.5	10:59	5.3	3:43	1.9	4:07	-0.5	6:48	7:36	
6	Wed	10:37	5.5	11:31	5.6	4:34	1.2	4:49	-0.2	6:46	7:37	
7	Thu	11:34	5.4			5:21	0.6	5:28	0.2	6:45	7:38	
8	Fri	12:02	5.8	12:28	5.2	6:06	0.1	6:05	0.7	6:43	7:39	
9	Sat	12:33	6.0	1:22	4.9	6:50	-0.3	6:42	1.3	6:42	7:40	
10	Sun	1:03	6.0	2:17	4.7	7:32	-0.5	7:20	1.8	6:40	7:40	
11	Mon	1:33	5.9	3:14	4.4	8:15	-0.5	7:59	2.4	6:39	7:41	
12	Tue	2:04	5.8	4:16	4.2	8:59	-0.4	8:43	2.9	6:37	7:42	
13	Wed	2:39	5.5	5:28	4.1	9:48	-0.2	9:37	3.2	6:36	7:43	
14	Thu	3:20	5.2	6:49	4.0	10:44	0.1	10:53	3.4	6:35	7:44	
15	Fri	4:12	4.9	8:02	4.1	11:49	0.3			6:33	7:45	
16	Sat	5:18	4.6	8:54	4.3	12:25	3.4	12:57	0.4	6:32	7:46	
17	Sun	6:33	4.4	9:29	4.4	1:41	3.1	1:57	0.4	6:30	7:47	
18	Mon	7:46	4.4	9:57	4.6	2:39	2.7	2:46	0.4	6:29	7:48	
19	Tue	8:50	4.4	10:21	4.8	3:24	2.2	3:26	0.4	6:28	7:49	
20	Wed	9:46	4.5	10:44	5.0	4:04	1.7	4:01	0.5	6:26	7:50	
21	Thu	10:38	4.6	11:07	5.3	4:40	1.1	4:32	0.8	6:25	7:51	
22	Fri	11:28	4.6	11:31	5.5	5:14	0.6	5:03	1.1	6:24	7:52	
23	Sat			12:19	4.6	5:49	0.1	5:35	1.5	6:22	7:52	
24	Sun			1:10	4.6	6:26	-0.4	6:09	1.9	6:21	7:53	
25	Mon	12:26	6.0	2:04	4.5	7:05	-0.8	6:46	2.3	6:20	7:54	
26	Tue	12:59	6.1	3:02	4.4	7:49	-1.0	7:26	2.7	6:19	7:55	
27	Wed	1:36	6.1	4:05	4.3	8:37	-1.1	8:13	3.1	6:17	7:56	
28	Thu	2:21	6.0	5:14	4.3	9:32	-1.1	9:12	3.3	6:16	7:57	
29	Fri	3:15	5.8	6:26	4.3	10:34	-0.9	10:33	3.4	6:15	7:58	
30	Sat	4:21	5.4	7:29	4.5	11:42	-0.7			6:14	7:59	