
































Alcatraz Island, CA - Jun 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:19	4.1	8:54	5.9	2:33	1.3	2:01	0.8	5:48	8:26	
2	Thu	9:39	4.1	9:30	6.1	3:29	0.5	2:50	1.4	5:48	8:26	
3	Fri	10:49	4.1	10:05	6.3	4:18	-0.1	3:36	1.9	5:48	8:27	
4	Sat	11:52	4.3	10:39	6.3	5:02	-0.5	4:21	2.4	5:48	8:28	
5	Sun			12:48	4.4	5:42	-0.8	5:06	2.8	5:47	8:28	
6	Mon			1:38	4.5	6:20	-0.9	5:50	3.1	5:47	8:29	
7	Tue			2:25	4.6	6:57	-0.9	6:33	3.3	5:47	8:29	
8	Wed	12:21	6.0	3:10	4.6	7:35	-0.9	7:17	3.4	5:47	8:30	
9	Thu	12:58	5.8	3:52	4.5	8:12	-0.8	8:02	3.4	5:47	8:30	
10	Fri	1:37	5.6	4:33	4.5	8:51	-0.6	8:52	3.4	5:47	8:31	
11	Sat	2:18	5.3	5:13	4.5	9:31	-0.4	9:49	3.3	5:46	8:31	
12	Sun	3:03	5.0	5:51	4.5	10:12	-0.1	10:56	3.1	5:46	8:32	
13	Mon	3:54	4.5	6:27	4.7	10:55	0.2			5:46	8:32	
14	Tue	4:55	4.1	7:01	4.9	12:07	2.8	11:39 AM	0.6	5:46	8:33	
15	Wed	6:11	3.8	7:34	5.2	1:12	2.3	12:24	1.1	5:46	8:33	
16	Thu	7:38	3.6	8:07	5.5	2:07	1.7	1:11	1.5	5:47	8:33	
17	Fri	9:05	3.6	8:41	5.9	2:55	1.0	1:59	2.0	5:47	8:34	
18	Sat	10:21	3.8	9:17	6.2	3:39	0.3	2:47	2.5	5:47	8:34	
19	Sun	11:27	4.1	9:56	6.5	4:22	-0.4	3:36	2.8	5:47	8:34	
20	Mon			12:24	4.4	5:06	-1.0	4:26	3.1	5:47	8:34	
21	Tue			1:16	4.6	5:51	-1.4	5:17	3.2	5:47	8:35	
22	Wed			2:05	4.8	6:39	-1.7	6:10	3.2	5:48	8:35	
23	Thu	12:17	6.9	2:52	4.9	7:27	-1.8	7:06	3.2	5:48	8:35	
24	Fri	1:09	6.8	3:38	5.0	8:16	-1.7	8:06	3.0	5:48	8:35	
25	Sat	2:04	6.5	4:24	5.1	9:05	-1.4	9:14	2.8	5:49	8:35	
26	Sun	3:03	5.9	5:09	5.3	9:55	-0.9	10:30	2.5	5:49	8:35	
27	Mon	4:07	5.2	5:55	5.5	10:44	-0.3	11:49	2.1	5:49	8:35	
28	Tue	5:21	4.5	6:40	5.8	11:35	0.4			5:50	8:35	
29	Wed	6:48	4.0	7:24	6.0	1:06	1.5	12:27	1.1	5:50	8:35	
30	Thu	8:22	3.8	8:07	6.2	2:14	0.9	1:22	1.8	5:51	8:35	