
































Alcatraz Island, CA - Sep 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:16	4.9	5:19	0.0	5:12	2.6	6:40	7:38	
2	Fri			12:40	5.0	5:49	0.1	5:46	2.3	6:40	7:37	
3	Sat			1:03	5.0	6:16	0.2	6:20	2.1	6:41	7:35	
4	Sun	12:17	5.6	1:25	5.2	6:42	0.4	6:54	1.8	6:42	7:34	
5	Mon	12:56	5.4	1:47	5.3	7:07	0.7	7:29	1.6	6:43	7:32	
6	Tue	1:37	5.1	2:11	5.5	7:34	1.1	8:07	1.3	6:44	7:31	
7	Wed	2:22	4.8	2:37	5.6	8:02	1.6	8:50	1.1	6:45	7:29	
8	Thu	3:15	4.5	3:07	5.7	8:33	2.1	9:40	0.9	6:45	7:28	
9	Fri	4:21	4.1	3:44	5.8	9:09	2.7	10:40	0.8	6:46	7:26	
10	Sat	5:50	3.9	4:32	5.8	9:55	3.2	11:50	0.6	6:47	7:25	
11	Sun	7:38	4.0	5:35	5.8	11:07	3.6			6:48	7:23	
12	Mon	9:02	4.2	6:49	5.9	1:07	0.3	12:44	3.7	6:49	7:22	
13	Tue	9:54	4.5	8:02	6.1	2:17	-0.1	2:07	3.4	6:50	7:20	
14	Wed	10:33	4.8	9:09	6.3	3:16	-0.4	3:11	2.9	6:51	7:19	
15	Thu	11:09	5.1	10:10	6.5	4:06	-0.6	4:06	2.4	6:51	7:17	
16	Fri	11:43	5.4	11:07	6.4	4:51	-0.6	4:58	1.7	6:52	7:15	
17	Sat			12:16	5.7	5:33	-0.5	5:48	1.2	6:53	7:14	
18	Sun	12:02	6.3	12:49	5.9	6:12	-0.1	6:37	0.7	6:54	7:12	
19	Mon	12:58	5.9	1:22	6.1	6:51	0.5	7:26	0.3	6:55	7:11	
20	Tue	1:54	5.5	1:56	6.2	7:30	1.2	8:17	0.1	6:56	7:09	
21	Wed	2:54	5.1	2:32	6.2	8:11	1.9	9:09	0.1	6:56	7:08	
22	Thu	4:00	4.7	3:10	6.0	8:55	2.5	10:06	0.3	6:57	7:06	
23	Fri	5:18	4.4	3:54	5.8	9:49	3.1	11:11	0.4	6:58	7:05	
24	Sat	6:49	4.3	4:48	5.5	11:04	3.5			6:59	7:03	
25	Sun	8:14	4.5	5:55	5.2	12:23	0.5	12:35	3.6	7:00	7:01	
26	Mon	9:15	4.7	7:07	5.1	1:34	0.6	1:52	3.4	7:01	7:00	
27	Tue	9:58	4.8	8:14	5.2	2:34	0.5	2:51	3.1	7:02	6:58	
28	Wed	10:31	4.9	9:10	5.3	3:23	0.4	3:37	2.7	7:03	6:57	
29	Thu	10:58	5.0	9:59	5.3	4:03	0.4	4:16	2.3	7:03	6:55	
30	Fri	11:22	5.1	10:44	5.3	4:36	0.4	4:52	1.9	7:04	6:54	