






## Alcatraz Island, CA - Dec 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:01	4.6	10:27 AM	6.6	4:18	3.0	5:30	-1.1	7:06	4:50	●
2	Fri	12:52	4.7	11:07 AM	6.7	5:01	3.2	6:14	-1.3	7:07	4:50	●
3	Sat	1:43	4.8	11:51 AM	6.6	5:47	3.4	7:01	-1.4	7:08	4:50	●
4	Sun	2:34	4.8	12:41	6.5	6:39	3.4	7:51	-1.2	7:09	4:50	●
5	Mon	3:26	4.8	1:35	6.1	7:41	3.4	8:44	-1.0	7:10	4:50	◐
6	Tue	4:18	4.9	2:38	5.6	8:56	3.2	9:39	-0.6	7:11	4:50	◑
7	Wed	5:08	5.1	3:51	5.0	10:23	2.9	10:35	-0.1	7:12	4:50	◒
8	Thu	5:55	5.4	5:15	4.5	11:48	2.3	11:32	0.5	7:12	4:50	◓
9	Fri	6:39	5.7	6:45	4.2			1:00	1.5	7:13	4:50	◔
10	Sat	7:21	6.0	8:11	4.2	12:27	1.1	2:01	0.7	7:14	4:50	◕
11	Sun	8:00	6.3	9:27	4.3	1:19	1.7	2:53	0.0	7:15	4:50	◖
12	Mon	8:38	6.5	10:31	4.5	2:10	2.2	3:39	-0.5	7:16	4:51	◗
13	Tue	9:16	6.6	11:28	4.7	2:59	2.6	4:22	-0.8	7:16	4:51	◘
14	Wed	9:53	6.6			3:47	3.0	5:02	-1.0	7:17	4:51	◙
15	Thu	12:19	4.9	10:31 AM	6.5	4:34	3.2	5:41	-1.0	7:18	4:51	○
16	Fri	1:05	4.9	11:08 AM	6.3	5:20	3.4	6:19	-0.9	7:18	4:52	○
17	Sat	1:49	4.9	11:46 AM	6.1	6:05	3.4	6:57	-0.8	7:19	4:52	○
18	Sun	2:30	4.8	12:25	5.9	6:50	3.4	7:35	-0.6	7:20	4:52	○
19	Mon	3:10	4.7	1:05	5.5	7:38	3.4	8:14	-0.3	7:20	4:53	◐
20	Tue	3:48	4.7	1:48	5.1	8:32	3.3	8:53	0.0	7:21	4:53	◑
21	Wed	4:25	4.7	2:37	4.7	9:35	3.2	9:33	0.4	7:21	4:54	◒
22	Thu	5:01	4.8	3:36	4.2	10:46	2.9	10:15	0.9	7:22	4:54	◓
23	Fri	5:36	5.0	4:52	3.8	11:54	2.4	11:00	1.4	7:22	4:55	◔
24	Sat	6:10	5.3	6:24	3.5			12:53	1.9	7:23	4:55	◕
25	Sun	6:45	5.5	7:58	3.6			1:44	1.2	7:23	4:56	◖
26	Mon	7:21	5.8	9:16	3.9	12:39	2.4	2:28	0.5	7:23	4:57	◗
27	Tue	7:58	6.1	10:18	4.2	1:31	2.8	3:09	-0.1	7:24	4:57	◘
28	Wed	8:38	6.4	11:10	4.5	2:22	3.1	3:51	-0.7	7:24	4:58	◙
29	Thu	9:21	6.7	11:57	4.7	3:11	3.3	4:33	-1.1	7:24	4:59	●

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>30</b>	Fri	<b>10:07</b>	6.9			<b>4:00</b>	3.3	<b>5:17</b>	-1.5	7:24	4:59	
<b>31</b>	Sat	<b>12:41</b>	4.8	<b>10:55 AM</b>	7.0	<b>4:49</b>	3.3	<b>6:03</b>	-1.7	7:25	5:00	