
































Alcatraz Island, CA - Apr 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:00	6.3	2:39	4.6	7:42	-0.7	7:27	2.3	5:54	6:32	
2	Sun	1:39	6.1	4:51	4.3	9:37	-0.6	9:19	2.8	6:52	7:33	
3	Mon	3:23	5.8	6:14	4.2	10:37	-0.3	10:27	3.2	6:51	7:34	
4	Tue	4:16	5.4	7:40	4.2	11:46	0.0	11:59	3.3	6:49	7:35	
5	Wed	5:21	5.0	8:46	4.4			12:59	0.1	6:48	7:36	
6	Thu	6:37	4.7	9:34	4.5	1:26	3.2	2:06	0.2	6:46	7:37	
7	Fri	7:51	4.7	10:10	4.7	2:33	2.8	2:59	0.2	6:45	7:38	
8	Sat	8:56	4.7	10:39	4.8	3:25	2.3	3:42	0.3	6:43	7:38	
9	Sun	9:50	4.7	11:03	4.9	4:08	1.9	4:17	0.4	6:42	7:39	
10	Mon	10:39	4.7	11:24	5.0	4:46	1.4	4:48	0.6	6:41	7:40	
11	Tue	11:24	4.6	11:45	5.2	5:20	1.0	5:16	0.9	6:39	7:41	
12	Wed			12:08	4.6	5:53	0.6	5:43	1.2	6:38	7:42	
13	Thu	12:06	5.4	12:52	4.5	6:24	0.3	6:10	1.6	6:36	7:43	
14	Fri	12:29	5.5	1:38	4.4	6:57	-0.1	6:38	2.0	6:35	7:44	
15	Sat	12:53	5.7	2:27	4.3	7:31	-0.3	7:09	2.4	6:33	7:45	
16	Sun	1:21	5.7	3:20	4.2	8:10	-0.4	7:42	2.8	6:32	7:46	
17	Mon	1:54	5.7	4:22	4.0	8:54	-0.5	8:22	3.1	6:31	7:47	
18	Tue	2:34	5.6	5:35	4.0	9:46	-0.5	9:14	3.3	6:29	7:48	
19	Wed	3:24	5.4	6:51	4.0	10:48	-0.4	10:33	3.5	6:28	7:49	
20	Thu	4:28	5.2	7:54	4.2	11:56	-0.4			6:27	7:49	
21	Fri	5:47	5.0	8:41	4.5	12:14	3.3	1:04	-0.4	6:25	7:50	
22	Sat	7:10	4.9	9:18	4.8	1:39	2.8	2:04	-0.4	6:24	7:51	
23	Sun	8:27	4.9	9:53	5.2	2:44	2.1	2:55	-0.2	6:23	7:52	
24	Mon	9:38	5.0	10:26	5.6	3:39	1.2	3:41	0.1	6:21	7:53	
25	Tue	10:44	5.0	10:58	6.0	4:29	0.4	4:25	0.5	6:20	7:54	
26	Wed	11:45	4.9	11:32	6.3	5:16	-0.3	5:06	1.0	6:19	7:55	
27	Thu			12:45	4.9	6:03	-0.9	5:48	1.6	6:18	7:56	
28	Fri	12:07	6.4	1:44	4.8	6:49	-1.2	6:32	2.1	6:16	7:57	
29	Sat	12:43	6.4	2:43	4.7	7:35	-1.3	7:17	2.6	6:15	7:58	
30	Sun	1:21	6.3	3:43	4.6	8:22	-1.2	8:07	2.9	6:14	7:59	