

Alcatraz Island, CA - Jun 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:08	5.1	6:04	4.6	10:22	-0.3	11:05	3.1	5:49	8:25	
2	Fri	4:02	4.6	6:47	4.6	11:11	0.1			5:48	8:26	
3	Sat	5:05	4.2	7:24	4.8	12:18	2.8	11:59 AM	0.5	5:48	8:27	
4	Sun	6:19	3.8	7:57	5.0	1:24	2.4	12:46	0.9	5:48	8:27	
5	Mon	7:42	3.5	8:26	5.2	2:20	1.8	1:31	1.4	5:47	8:28	
6	Tue	9:03	3.5	8:55	5.5	3:08	1.2	2:14	1.8	5:47	8:29	
7	Wed	10:15	3.7	9:25	5.7	3:49	0.6	2:56	2.2	5:47	8:29	
8	Thu	11:17	3.9	9:57	6.0	4:27	0.1	3:37	2.6	5:47	8:30	
9	Fri			12:11	4.1	5:03	-0.4	4:19	2.9	5:47	8:30	
10	Sat			1:00	4.3	5:40	-0.8	5:00	3.2	5:47	8:31	
11	Sun			1:46	4.5	6:19	-1.1	5:44	3.3	5:46	8:31	
12	Mon			2:31	4.6	7:00	-1.3	6:30	3.3	5:46	8:32	
13	Tue	12:33	6.4	3:16	4.6	7:44	-1.5	7:20	3.3	5:46	8:32	
14	Wed	1:20	6.3	4:00	4.7	8:29	-1.4	8:17	3.2	5:46	8:33	
15	Thu	2:11	6.1	4:44	4.8	9:17	-1.2	9:23	3.0	5:46	8:33	
16	Fri	3:08	5.6	5:28	5.0	10:05	-0.9	10:39	2.7	5:47	8:33	
17	Sat	4:12	5.1	6:12	5.3	10:55	-0.4	11:59	2.2	5:47	8:34	
18	Sun	5:28	4.5	6:54	5.6	11:46	0.3			5:47	8:34	
19	Mon	6:57	4.0	7:37	6.0	1:15	1.5	12:38	0.9	5:47	8:34	
20	Tue	8:30	3.9	8:19	6.3	2:21	0.7	1:32	1.6	5:47	8:34	
21	Wed	9:56	4.0	9:01	6.5	3:19	0.0	2:27	2.2	5:47	8:35	
22	Thu	11:08	4.2	9:44	6.7	4:11	-0.5	3:22	2.7	5:48	8:35	
23	Fri			12:09	4.5	4:58	-0.9	4:16	3.0	5:48	8:35	
24	Sat			1:01	4.7	5:43	-1.1	5:08	3.2	5:48	8:35	
25	Sun			1:48	4.8	6:26	-1.2	5:59	3.3	5:48	8:35	
26	Mon			2:32	4.8	7:07	-1.1	6:48	3.3	5:49	8:35	
27	Tue	12:36	6.2	3:13	4.8	7:46	-1.0	7:36	3.2	5:49	8:35	
28	Wed	1:17	5.9	3:51	4.8	8:24	-0.7	8:25	3.1	5:50	8:35	
29	Thu	1:58	5.6	4:26	4.8	9:02	-0.4	9:18	3.0	5:50	8:35	
30	Fri	2:41	5.1	5:00	4.8	9:38	-0.1	10:17	2.9	5:50	8:35	