

































Alcatraz Island, CA - May 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:48	4.3	6:05	-0.1	5:39	2.2	6:13	7:59	
2	Wed			1:33	4.3	6:36	-0.3	6:10	2.5	6:12	8:00	
3	Thu	12:15	5.7	2:18	4.2	7:08	-0.5	6:41	2.8	6:11	8:01	
4	Fri	12:44	5.7	3:05	4.2	7:42	-0.6	7:15	3.1	6:10	8:02	
5	Sat	1:16	5.6	3:55	4.1	8:21	-0.6	7:53	3.2	6:09	8:03	
6	Sun	1:54	5.5	4:50	4.1	9:04	-0.6	8:39	3.4	6:08	8:04	
7	Mon	2:37	5.3	5:48	4.1	9:54	-0.5	9:42	3.4	6:07	8:05	
8	Tue	3:29	5.1	6:43	4.2	10:49	-0.4	11:06	3.3	6:06	8:06	
9	Wed	4:34	4.8	7:29	4.4	11:48	-0.3			6:05	8:07	
10	Thu	5:50	4.6	8:08	4.7	12:33	2.9	12:45	-0.1	6:04	8:08	
11	Fri	7:12	4.4	8:43	5.1	1:44	2.3	1:39	0.1	6:03	8:08	
12	Sat	8:33	4.4	9:17	5.6	2:43	1.4	2:29	0.5	6:02	8:09	
13	Sun	9:48	4.4	9:52	6.0	3:35	0.5	3:16	0.9	6:01	8:10	
14	Mon	10:57	4.5	10:28	6.4	4:24	-0.3	4:02	1.4	6:00	8:11	
15	Tue			12:02	4.7	5:12	-1.0	4:49	1.9	5:59	8:12	
16	Wed			1:03	4.8	5:59	-1.5	5:36	2.4	5:58	8:13	
17	Thu			2:02	4.8	6:48	-1.8	6:26	2.7	5:57	8:14	
18	Fri	12:32	6.8	2:59	4.8	7:37	-1.8	7:20	2.9	5:57	8:15	
19	Sat	1:19	6.5	3:57	4.7	8:28	-1.6	8:19	3.1	5:56	8:15	
20	Sun	2:10	6.1	4:54	4.7	9:21	-1.2	9:26	3.1	5:55	8:16	
21	Mon	3:04	5.6	5:51	4.7	10:16	-0.8	10:44	3.0	5:54	8:17	
22	Tue	4:03	5.1	6:45	4.8	11:12	-0.4			5:54	8:18	
23	Wed	5:10	4.5	7:32	4.9	12:04	2.8	12:07	0.1	5:53	8:19	
24	Thu	6:26	4.1	8:13	5.1	1:17	2.3	1:00	0.5	5:53	8:19	
25	Fri	7:46	3.8	8:46	5.2	2:20	1.8	1:48	1.0	5:52	8:20	
26	Sat	9:04	3.7	9:16	5.4	3:12	1.2	2:32	1.5	5:51	8:21	
27	Sun	10:13	3.8	9:43	5.6	3:56	0.7	3:13	1.9	5:51	8:22	
28	Mon	11:13	3.9	10:10	5.7	4:34	0.2	3:51	2.3	5:50	8:23	
29	Tue			12:06	4.1	5:10	-0.2	4:29	2.7	5:50	8:23	
30	Wed			12:53	4.2	5:43	-0.4	5:05	3.0	5:49	8:24	
31	Thu			1:37	4.3	6:16	-0.7	5:42	3.2	5:49	8:25	