































Alcatraz Island, CA - Feb 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:41	5.6	9:59	4.1	12:38	3.4	2:23	0.4	7:13	5:32	
2	Sat	7:35	5.7	10:35	4.3	1:47	3.5	3:08	0.1	7:12	5:33	
3	Sun	8:26	5.9	11:05	4.5	2:40	3.4	3:47	-0.2	7:12	5:34	
4	Mon	9:12	6.0	11:32	4.6	3:24	3.2	4:23	-0.5	7:11	5:35	
5	Tue	9:55	6.2	11:59	4.8	4:03	3.0	4:55	-0.7	7:10	5:37	
6	Wed	10:37	6.2			4:41	2.7	5:27	-0.8	7:09	5:38	
7	Thu	12:25	4.9	11:20 AM	6.1	5:19	2.4	5:58	-0.7	7:08	5:39	
8	Fri	12:52	5.1	12:03	5.9	6:00	2.0	6:30	-0.4	7:07	5:40	
9	Sat	1:20	5.4	12:50	5.5	6:45	1.7	7:03	0.0	7:06	5:41	
10	Sun	1:50	5.6	1:42	5.0	7:34	1.3	7:38	0.6	7:05	5:42	
11	Mon	2:22	5.8	2:44	4.5	8:29	1.0	8:16	1.3	7:04	5:43	
12	Tue	2:59	6.0	4:02	4.0	9:32	0.7	8:59	2.1	7:02	5:44	
13	Wed	3:44	6.1	5:44	3.7	10:45	0.5	9:55	2.7	7:01	5:45	
14	Thu	4:38	6.1	7:33	3.9			12:05	0.2	7:00	5:46	
15	Fri	5:43	6.1	8:52	4.2			1:20	-0.2	6:59	5:48	
16	Sat	6:53	6.2	9:45	4.6	12:44	3.3	2:24	-0.5	6:58	5:49	
17	Sun	8:00	6.3	10:27	4.8	2:01	3.1	3:17	-0.8	6:57	5:50	
18	Mon	9:00	6.4	11:04	5.1	3:03	2.8	4:03	-0.9	6:55	5:51	
19	Tue	9:54	6.3	11:39	5.2	3:56	2.4	4:44	-0.8	6:54	5:52	
20	Wed	10:43	6.2			4:44	2.0	5:20	-0.7	6:53	5:53	
21	Thu	12:11	5.4	11:30 AM	5.9	5:29	1.7	5:54	-0.3	6:52	5:54	
22	Fri	12:41	5.4	12:15	5.5	6:13	1.4	6:26	0.1	6:50	5:55	
23	Sat	1:09	5.5	1:01	5.1	6:56	1.2	6:57	0.7	6:49	5:56	
24	Sun	1:35	5.5	1:48	4.6	7:39	1.0	7:28	1.3	6:48	5:57	
25	Mon	2:02	5.5	2:41	4.2	8:24	1.0	8:00	1.9	6:46	5:58	
26	Tue	2:31	5.5	3:46	3.8	9:14	1.0	8:34	2.5	6:45	5:59	
27	Wed	3:05	5.4	5:18	3.5	10:13	1.0	9:17	3.0	6:44	6:00	
28	Thu	3:49	5.3	7:24	3.6	11:22	0.9	10:31	3.4	6:42	6:01	
29	Fri	4:46	5.2	8:43	3.9			12:35	0.7	6:41	6:02	