

## Alcatraz Island, CA - Jun 2009

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:29	4.0	8:11	5.8	1:47	1.3	1:15	0.9	5:48	8:26	☾
2	Tue	8:55	3.9	8:52	6.0	2:49	0.7	2:07	1.5	5:48	8:26	☾
3	Wed	10:12	4.0	9:30	6.2	3:42	0.1	2:58	2.0	5:48	8:27	☾
4	Thu	11:17	4.2	10:07	6.2	4:29	-0.3	3:46	2.4	5:48	8:28	☾
5	Fri			12:14	4.3	5:11	-0.6	4:33	2.8	5:47	8:28	☾
6	Sat			1:03	4.5	5:49	-0.8	5:17	3.0	5:47	8:29	☾
7	Sun			1:47	4.5	6:25	-0.8	6:00	3.1	5:47	8:29	☾
8	Mon			2:28	4.5	7:01	-0.8	6:41	3.2	5:47	8:30	☾
9	Tue	12:29	5.9	3:05	4.5	7:36	-0.8	7:22	3.2	5:47	8:30	☾
10	Wed	1:06	5.7	3:41	4.5	8:12	-0.7	8:05	3.2	5:47	8:31	☾
11	Thu	1:44	5.5	4:16	4.5	8:47	-0.5	8:53	3.1	5:46	8:31	☾
12	Fri	2:25	5.2	4:50	4.6	9:24	-0.3	9:49	3.0	5:46	8:32	☾
13	Sat	3:09	4.8	5:25	4.7	10:02	0.0	10:53	2.8	5:46	8:32	☾
14	Sun	4:02	4.3	6:00	4.9	10:42	0.4			5:46	8:33	☾
15	Mon	5:08	3.9	6:36	5.1	12:01	2.4	11:25 AM	0.9	5:46	8:33	☾
16	Tue	6:31	3.6	7:12	5.5	1:06	1.9	12:12	1.4	5:47	8:33	☾
17	Wed	8:04	3.5	7:51	5.8	2:03	1.3	1:04	1.9	5:47	8:34	☾
18	Thu	9:31	3.7	8:32	6.1	2:53	0.5	1:58	2.4	5:47	8:34	☾
19	Fri	10:43	4.0	9:16	6.5	3:41	-0.2	2:53	2.7	5:47	8:34	☾
20	Sat	11:43	4.3	10:03	6.8	4:28	-0.8	3:47	2.9	5:47	8:34	☾
21	Sun			12:36	4.6	5:15	-1.3	4:41	3.0	5:47	8:35	☾
22	Mon			1:24	4.8	6:03	-1.7	5:35	3.0	5:48	8:35	☾
23	Tue			2:10	4.9	6:51	-1.8	6:31	2.9	5:48	8:35	☾
24	Wed	12:36	7.0	2:54	5.1	7:39	-1.8	7:30	2.7	5:48	8:35	☾
25	Thu	1:30	6.7	3:38	5.2	8:26	-1.5	8:33	2.5	5:49	8:35	☾
26	Fri	2:27	6.1	4:22	5.4	9:12	-1.0	9:42	2.2	5:49	8:35	☾
27	Sat	3:26	5.5	5:06	5.6	9:59	-0.4	10:55	1.9	5:49	8:35	☾
28	Sun	4:34	4.7	5:51	5.8	10:47	0.3			5:50	8:35	☾
29	Mon	5:53	4.1	6:37	6.0	12:11	1.5	11:38 AM	1.1	5:50	8:35	☾
30	Tue	7:25	3.8	7:23	6.1	1:23	1.0	12:33	1.8	5:51	8:35	☾