
































## Alcatraz Island, CA - Apr 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:30	6.3	2:54	4.8	8:04	-0.7	7:54	2.0	6:54	7:32	
2	Fri	2:09	6.1	3:55	4.5	8:53	-0.6	8:41	2.5	6:52	7:33	
3	Sat	2:50	5.9	5:03	4.2	9:46	-0.4	9:38	2.8	6:51	7:34	
4	Sun	3:37	5.5	6:20	4.1	10:46	-0.1	10:51	3.1	6:49	7:35	
5	Mon	4:32	5.1	7:35	4.2	11:52	0.2			6:48	7:36	
6	Tue	5:39	4.8	8:36	4.3	12:18	3.1	12:59	0.4	6:46	7:37	
7	Wed	6:52	4.6	9:19	4.4	1:35	2.8	1:59	0.4	6:45	7:38	
8	Thu	8:02	4.5	9:53	4.6	2:37	2.4	2:49	0.5	6:43	7:38	
9	Fri	9:04	4.5	10:20	4.8	3:26	2.0	3:31	0.6	6:42	7:39	
10	Sat	9:59	4.5	10:44	5.0	4:08	1.5	4:06	0.7	6:41	7:40	
11	Sun	10:48	4.6	11:07	5.2	4:45	1.1	4:38	1.0	6:39	7:41	
12	Mon	11:34	4.6	11:31	5.4	5:19	0.7	5:09	1.2	6:38	7:42	
13	Tue			12:20	4.6	5:51	0.3	5:39	1.5	6:36	7:43	
14	Wed			1:05	4.5	6:24	-0.1	6:10	1.8	6:35	7:44	
15	Thu	12:24	5.7	1:52	4.5	6:58	-0.4	6:43	2.2	6:33	7:45	
16	Fri	12:55	5.8	2:42	4.4	7:36	-0.6	7:19	2.5	6:32	7:46	
17	Sat	1:29	5.9	3:36	4.3	8:18	-0.7	8:00	2.7	6:31	7:47	
18	Sun	2:09	5.8	4:36	4.2	9:06	-0.7	8:49	2.9	6:29	7:48	
19	Mon	2:56	5.7	5:42	4.1	10:01	-0.6	9:54	3.1	6:28	7:49	
20	Tue	3:53	5.4	6:47	4.2	11:04	-0.5	11:19	3.0	6:27	7:49	
21	Wed	5:03	5.1	7:44	4.5			12:10	-0.3	6:25	7:50	
22	Thu	6:22	4.9	8:31	4.8	12:47	2.6	1:13	-0.2	6:24	7:51	
23	Fri	7:44	4.8	9:12	5.2	2:01	2.0	2:10	0.0	6:23	7:52	
24	Sat	9:00	4.8	9:49	5.6	3:02	1.3	3:01	0.3	6:21	7:53	
25	Sun	10:09	4.8	10:26	6.0	3:56	0.5	3:48	0.7	6:20	7:54	
26	Mon	11:12	4.8	11:02	6.2	4:45	-0.2	4:33	1.1	6:19	7:55	
27	Tue			12:11	4.8	5:31	-0.7	5:17	1.5	6:18	7:56	
28	Wed			1:07	4.8	6:16	-1.1	6:01	1.9	6:16	7:57	
29	Thu	12:15	6.4	2:02	4.7	7:00	-1.2	6:45	2.3	6:15	7:58	
30	Fri	12:53	6.3	2:56	4.6	7:45	-1.2	7:32	2.6	6:14	7:59	