

Alcatraz Island, CA - May 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:33	6.0	3:51	4.5	8:30	-1.0	8:23	2.9	6:13	8:00	☉
2	Sun	2:15	5.7	4:47	4.4	9:17	-0.7	9:21	3.0	6:12	8:01	☾
3	Mon	3:00	5.3	5:46	4.3	10:07	-0.3	10:31	3.1	6:11	8:01	☾
4	Tue	3:52	4.9	6:43	4.3	11:01	0.0	11:50	2.9	6:09	8:02	☾
5	Wed	4:52	4.4	7:32	4.4	11:58	0.3			6:08	8:03	☾
6	Thu	6:03	4.1	8:12	4.6	1:03	2.6	12:53	0.6	6:07	8:04	☾
7	Fri	7:19	3.9	8:45	4.8	2:05	2.2	1:43	0.8	6:06	8:05	☾
8	Sat	8:32	3.8	9:14	5.0	2:56	1.7	2:28	1.1	6:05	8:06	☾
9	Sun	9:37	3.9	9:41	5.3	3:40	1.1	3:08	1.4	6:04	8:07	☾
10	Mon	10:36	4.0	10:09	5.5	4:18	0.6	3:46	1.7	6:03	8:08	☾
11	Tue	11:29	4.2	10:39	5.8	4:53	0.1	4:23	2.0	6:02	8:09	☾
12	Wed			12:19	4.3	5:27	-0.3	4:59	2.3	6:01	8:10	☾
13	Thu			1:07	4.4	6:02	-0.7	5:38	2.5	6:01	8:10	☾
14	Fri			1:55	4.5	6:40	-1.0	6:18	2.7	6:00	8:11	☾
15	Sat	12:23	6.2	2:44	4.5	7:21	-1.2	7:02	2.9	5:59	8:12	☾
16	Sun	1:05	6.2	3:34	4.5	8:05	-1.3	7:51	3.0	5:58	8:13	☾
17	Mon	1:51	6.0	4:25	4.5	8:53	-1.2	8:49	3.0	5:57	8:14	☾
18	Tue	2:43	5.8	5:17	4.6	9:45	-1.0	9:59	2.9	5:56	8:15	☾
19	Wed	3:43	5.4	6:08	4.8	10:39	-0.7	11:20	2.6	5:56	8:16	☾
20	Thu	4:52	4.9	6:57	5.1	11:36	-0.3			5:55	8:16	☾
21	Fri	6:13	4.4	7:43	5.4	12:42	2.1	12:33	0.2	5:54	8:17	☾
22	Sat	7:39	4.2	8:26	5.8	1:53	1.4	1:29	0.7	5:54	8:18	☾
23	Sun	9:02	4.1	9:07	6.1	2:54	0.6	2:22	1.2	5:53	8:19	☾
24	Mon	10:16	4.2	9:47	6.3	3:48	-0.1	3:13	1.7	5:52	8:20	☾
25	Tue	11:22	4.4	10:27	6.5	4:36	-0.6	4:03	2.1	5:52	8:20	☾
26	Wed			12:20	4.5	5:22	-1.0	4:52	2.4	5:51	8:21	☾
27	Thu			1:13	4.6	6:05	-1.2	5:40	2.7	5:51	8:22	☾
28	Fri			2:03	4.7	6:46	-1.2	6:27	2.9	5:50	8:23	☾
29	Sat	12:26	6.2	2:50	4.7	7:27	-1.2	7:15	3.0	5:50	8:23	☾
30	Sun	1:06	6.0	3:34	4.6	8:08	-1.0	8:05	3.0	5:49	8:24	☾
31	Mon	1:47	5.6	4:18	4.6	8:49	-0.7	8:59	3.0	5:49	8:25	☾