
































Alcatraz Island, CA - Apr 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:30	4.8	11:49	5.3	5:21	1.0	5:20	0.9	6:54	7:32	
2	Sat			12:12	4.7	5:55	0.7	5:50	1.2	6:53	7:33	
3	Sun	12:11	5.4	12:54	4.6	6:27	0.4	6:19	1.5	6:51	7:34	
4	Mon	12:35	5.5	1:35	4.5	6:58	0.2	6:48	1.8	6:50	7:35	
5	Tue	1:01	5.5	2:18	4.4	7:30	0.1	7:18	2.1	6:48	7:35	
6	Wed	1:29	5.6	3:04	4.2	8:06	0.0	7:51	2.4	6:47	7:36	
7	Thu	2:01	5.5	3:56	4.1	8:45	-0.1	8:28	2.7	6:45	7:37	
8	Fri	2:38	5.4	4:57	3.9	9:31	0.0	9:14	2.9	6:44	7:38	
9	Sat	3:23	5.3	6:06	3.9	10:26	0.0	10:17	3.1	6:42	7:39	
10	Sun	4:18	5.1	7:14	4.0	11:28	0.0	11:42	3.0	6:41	7:40	
11	Mon	5:26	5.0	8:09	4.3			12:34	0.0	6:39	7:41	
12	Tue	6:43	4.9	8:53	4.6	1:06	2.7	1:36	0.0	6:38	7:42	
13	Wed	8:00	4.9	9:31	5.0	2:14	2.2	2:31	0.0	6:37	7:43	
14	Thu	9:11	5.0	10:07	5.4	3:11	1.4	3:20	0.2	6:35	7:44	
15	Fri	10:16	5.1	10:43	5.8	4:02	0.6	4:06	0.4	6:34	7:45	
16	Sat	11:18	5.2	11:20	6.2	4:51	-0.1	4:50	0.7	6:32	7:46	
17	Sun			12:17	5.2	5:39	-0.7	5:35	1.1	6:31	7:46	
18	Mon			1:15	5.1	6:27	-1.2	6:20	1.6	6:30	7:47	
19	Tue	12:38	6.6	2:12	5.0	7:16	-1.4	7:07	2.0	6:28	7:48	
20	Wed	1:21	6.5	3:11	4.8	8:06	-1.3	7:58	2.3	6:27	7:49	
21	Thu	2:07	6.3	4:12	4.6	8:58	-1.1	8:55	2.6	6:26	7:50	
22	Fri	2:56	5.9	5:17	4.5	9:54	-0.8	10:04	2.8	6:24	7:51	
23	Sat	3:52	5.4	6:24	4.5	10:54	-0.4	11:25	2.8	6:23	7:52	
24	Sun	4:55	4.9	7:26	4.6	11:58	0.0			6:22	7:53	
25	Mon	6:07	4.5	8:18	4.7	12:47	2.6	1:00	0.3	6:20	7:54	
26	Tue	7:23	4.3	9:01	4.9	1:58	2.2	1:55	0.5	6:19	7:55	
27	Wed	8:35	4.2	9:35	5.0	2:55	1.7	2:44	0.8	6:18	7:56	
28	Thu	9:39	4.2	10:04	5.2	3:43	1.2	3:26	1.1	6:17	7:57	
29	Fri	10:34	4.2	10:30	5.3	4:24	0.8	4:03	1.4	6:15	7:58	
30	Sat	11:24	4.3	10:56	5.5	5:00	0.4	4:38	1.7	6:14	7:58	