



Alcatraz Island, CA - Aug 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:51	6.4	2:17	5.5	7:22	-0.6	7:36	1.8	6:13	8:18	☀
2	Tue	1:43	6.0	2:53	5.8	8:01	-0.2	8:30	1.5	6:13	8:17	☀
3	Wed	2:38	5.5	3:31	6.0	8:41	0.3	9:30	1.2	6:14	8:16	☀
4	Thu	3:40	5.0	4:14	6.2	9:24	1.0	10:36	0.9	6:15	8:15	☀
5	Fri	4:53	4.4	5:01	6.3	10:12	1.7	11:49	0.7	6:16	8:14	☀
6	Sat	6:21	4.1	5:56	6.4	11:10	2.3			6:17	8:13	☀
7	Sun	7:58	4.1	6:56	6.4	1:05	0.4	12:22	2.8	6:18	8:12	☀
8	Mon	9:21	4.3	7:58	6.4	2:15	0.1	1:40	3.0	6:19	8:11	☀
9	Tue	10:23	4.6	8:59	6.5	3:16	-0.2	2:50	3.0	6:19	8:10	☀
10	Wed	11:12	4.9	9:54	6.5	4:08	-0.4	3:50	2.8	6:20	8:09	☀
11	Thu	11:53	5.0	10:44	6.4	4:54	-0.4	4:42	2.6	6:21	8:08	☀
12	Fri			12:30	5.2	5:33	-0.4	5:29	2.4	6:22	8:06	☀
13	Sat			1:03	5.2	6:09	-0.3	6:12	2.2	6:23	8:05	☀
14	Sun	12:13	6.0	1:33	5.3	6:43	0.0	6:53	2.0	6:24	8:04	☀
15	Mon	12:54	5.7	2:00	5.3	7:14	0.3	7:33	1.8	6:25	8:03	☀
16	Tue	1:35	5.4	2:26	5.4	7:45	0.7	8:13	1.7	6:25	8:01	☀
17	Wed	2:17	5.0	2:53	5.4	8:15	1.1	8:55	1.6	6:26	8:00	☀
18	Thu	3:03	4.6	3:22	5.5	8:47	1.6	9:42	1.6	6:27	7:59	☀
19	Fri	3:56	4.2	3:56	5.5	9:21	2.1	10:36	1.5	6:28	7:57	☀
20	Sat	5:03	3.9	4:37	5.5	10:01	2.6	11:40	1.4	6:29	7:56	☀
21	Sun	6:32	3.7	5:27	5.5	10:54	3.0			6:30	7:55	☀
22	Mon	8:12	3.8	6:25	5.6	12:50	1.2	12:08	3.3	6:31	7:53	☀
23	Tue	9:23	4.0	7:26	5.7	1:55	0.9	1:26	3.3	6:32	7:52	☀
24	Wed	10:10	4.3	8:25	5.9	2:50	0.5	2:30	3.2	6:32	7:51	☀
25	Thu	10:46	4.6	9:20	6.1	3:37	0.1	3:22	2.9	6:33	7:49	☀
26	Fri	11:18	4.8	10:12	6.3	4:18	-0.2	4:09	2.5	6:34	7:48	☀
27	Sat	11:50	5.1	11:03	6.4	4:57	-0.3	4:55	2.1	6:35	7:46	☀
28	Sun			12:22	5.4	5:35	-0.4	5:41	1.6	6:36	7:45	☀
29	Mon			12:55	5.8	6:13	-0.2	6:29	1.1	6:37	7:44	☀
30	Tue	12:47	6.2	1:30	6.1	6:51	0.2	7:19	0.7	6:37	7:42	☀
31	Wed	1:42	5.8	2:07	6.3	7:31	0.7	8:12	0.4	6:38	7:41	☀