
































## Alcatraz Island, CA - Sep 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:40	5.4	2:47	6.4	8:13	1.2	9:09	0.2	6:39	7:39	
2	Fri	3:45	4.9	3:33	6.5	8:59	1.9	10:12	0.2	6:40	7:38	
3	Sat	5:00	4.5	4:25	6.3	9:53	2.4	11:24	0.3	6:41	7:36	
4	Sun	6:26	4.3	5:26	6.2	11:02	2.9			6:42	7:35	
5	Mon	7:54	4.4	6:35	6.0	12:40	0.3	12:28	3.1	6:43	7:33	
6	Tue	9:05	4.6	7:45	5.9	1:52	0.2	1:49	3.0	6:43	7:32	
7	Wed	9:58	4.9	8:49	5.9	2:54	0.1	2:56	2.7	6:44	7:30	
8	Thu	10:41	5.1	9:46	5.9	3:45	0.1	3:50	2.4	6:45	7:29	
9	Fri	11:17	5.3	10:37	5.8	4:27	0.1	4:37	2.0	6:46	7:27	
10	Sat	11:49	5.3	11:23	5.7	5:04	0.3	5:18	1.7	6:47	7:26	
11	Sun			12:17	5.4	5:37	0.5	5:56	1.5	6:48	7:24	
12	Mon	12:05	5.5	12:42	5.5	6:08	0.8	6:32	1.3	6:48	7:22	
13	Tue	12:47	5.3	1:06	5.5	6:38	1.1	7:06	1.1	6:49	7:21	
14	Wed	1:28	5.1	1:30	5.6	7:07	1.5	7:41	1.0	6:50	7:19	
15	Thu	2:11	4.8	1:56	5.6	7:37	1.9	8:18	0.9	6:51	7:18	
16	Fri	2:56	4.5	2:26	5.6	8:08	2.3	8:59	0.9	6:52	7:16	
17	Sat	3:48	4.3	3:01	5.5	8:43	2.7	9:46	0.9	6:53	7:15	
18	Sun	4:52	4.1	3:43	5.4	9:25	3.0	10:43	0.9	6:54	7:13	
19	Mon	6:12	4.0	4:36	5.3	10:23	3.3	11:50	0.9	6:54	7:12	
20	Tue	7:34	4.0	5:41	5.3	11:46	3.4			6:55	7:10	
21	Wed	8:36	4.3	6:50	5.3	1:00	0.7	1:09	3.3	6:56	7:08	
22	Thu	9:20	4.5	7:58	5.5	2:00	0.5	2:13	2.9	6:57	7:07	
23	Fri	9:55	4.8	9:00	5.7	2:51	0.3	3:06	2.4	6:58	7:05	
24	Sat	10:28	5.2	9:59	5.8	3:36	0.1	3:53	1.8	6:59	7:04	
25	Sun	11:00	5.5	10:55	5.9	4:18	0.2	4:40	1.1	7:00	7:02	
26	Mon	11:33	5.9	11:51	5.9	4:58	0.3	5:26	0.5	7:00	7:01	
27	Tue			12:08	6.3	5:38	0.7	6:14	-0.1	7:01	6:59	
28	Wed	12:47	5.7	12:45	6.5	6:19	1.1	7:03	-0.5	7:02	6:58	
29	Thu	1:44	5.5	1:25	6.7	7:02	1.6	7:54	-0.6	7:03	6:56	
30	Fri	2:45	5.2	2:09	6.7	7:48	2.1	8:49	-0.6	7:04	6:54	