































## Alcatraz Island, CA - Feb 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:56	5.5	8:46	3.8			1:31	0.9	7:13	5:32	
2	Thu	6:52	5.6	9:36	4.1	12:47	3.1	2:22	0.5	7:12	5:33	
3	Fri	7:44	5.8	10:14	4.3	1:49	3.1	3:04	0.1	7:12	5:34	
4	Sat	8:34	5.9	10:46	4.6	2:40	3.0	3:42	-0.2	7:11	5:35	
5	Sun	9:20	6.1	11:17	4.8	3:24	2.8	4:17	-0.5	7:10	5:37	
6	Mon	10:05	6.2	11:47	5.0	4:05	2.5	4:51	-0.6	7:09	5:38	
7	Tue	10:49	6.2			4:46	2.2	5:24	-0.6	7:08	5:39	
8	Wed	12:18	5.2	11:35 AM	6.1	5:28	1.8	5:59	-0.5	7:07	5:40	
9	Thu	12:49	5.5	12:22	5.9	6:13	1.5	6:35	-0.2	7:06	5:41	
10	Fri	1:23	5.7	1:13	5.5	7:01	1.2	7:12	0.3	7:05	5:42	
11	Sat	1:59	5.9	2:09	5.0	7:54	0.9	7:53	0.8	7:04	5:43	
12	Sun	2:38	6.0	3:16	4.5	8:53	0.7	8:38	1.5	7:02	5:44	
13	Mon	3:24	6.1	4:37	4.0	10:01	0.6	9:32	2.1	7:01	5:45	
14	Tue	4:17	6.1	6:13	3.9	11:17	0.4	10:42	2.6	7:00	5:47	
15	Wed	5:19	6.1	7:44	4.1			12:34	0.1	6:59	5:48	
16	Thu	6:26	6.1	8:52	4.4	12:06	2.8	1:42	-0.1	6:58	5:49	
17	Fri	7:32	6.1	9:43	4.7	1:25	2.8	2:39	-0.4	6:57	5:50	
18	Sat	8:33	6.2	10:26	5.0	2:31	2.6	3:28	-0.5	6:55	5:51	
19	Sun	9:27	6.2	11:04	5.2	3:26	2.2	4:11	-0.5	6:54	5:52	
20	Mon	10:17	6.1	11:38	5.3	4:15	1.9	4:49	-0.4	6:53	5:53	
21	Tue	11:03	5.9			4:59	1.7	5:24	-0.2	6:52	5:54	
22	Wed	12:09	5.4	11:46 AM	5.6	5:41	1.4	5:57	0.1	6:50	5:55	
23	Thu	12:38	5.5	12:29	5.3	6:21	1.2	6:29	0.5	6:49	5:56	
24	Fri	1:06	5.5	1:12	4.9	7:00	1.1	7:01	1.0	6:48	5:57	
25	Sat	1:33	5.5	1:57	4.5	7:41	1.1	7:33	1.4	6:46	5:58	
26	Sun	2:02	5.4	2:47	4.1	8:24	1.0	8:08	1.9	6:45	5:59	
27	Mon	2:35	5.4	3:48	3.8	9:14	1.1	8:47	2.4	6:44	6:00	
28	Tue	3:14	5.3	5:10	3.6	10:13	1.1	9:38	2.8	6:42	6:01	
29	Wed	4:02	5.2	6:49	3.6	11:22	1.0	10:53	3.1	6:41	6:02	