

































## Alcatraz Island, CA - Dec 2012

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:06	4.7	12:24	5.7	6:38	3.1	7:18	-0.3	7:07	4:50	
2	Sun	2:44	4.7	1:03	5.4	7:22	3.1	7:55	-0.2	7:07	4:50	
3	Mon	3:23	4.7	1:46	5.1	8:13	3.1	8:35	0.0	7:08	4:50	
4	Tue	4:04	4.8	2:38	4.7	9:14	3.0	9:19	0.3	7:09	4:50	
5	Wed	4:45	5.0	3:42	4.4	10:24	2.7	10:07	0.7	7:10	4:50	
6	Thu	5:27	5.2	5:01	4.0	11:36	2.2	11:01	1.1	7:11	4:50	
7	Fri	6:10	5.5	6:30	3.9			12:39	1.6	7:12	4:50	
8	Sat	6:52	5.9	7:54	4.0			1:35	0.8	7:13	4:50	
9	Sun	7:35	6.3	9:07	4.3	12:54	1.9	2:26	0.0	7:14	4:50	
10	Mon	8:19	6.6	10:10	4.6	1:50	2.2	3:14	-0.7	7:14	4:50	
11	Tue	9:06	7.0	11:06	4.9	2:44	2.4	4:02	-1.2	7:15	4:50	
12	Wed	9:53	7.1	11:58	5.1	3:37	2.6	4:50	-1.6	7:16	4:51	
13	Thu	10:43	7.2			4:31	2.6	5:37	-1.7	7:17	4:51	
14	Fri	12:47	5.2	11:33 AM	7.0	5:25	2.6	6:25	-1.6	7:17	4:51	
15	Sat	1:35	5.3	12:25	6.7	6:22	2.5	7:12	-1.4	7:18	4:51	
16	Sun	2:22	5.4	1:19	6.2	7:22	2.5	8:00	-0.9	7:19	4:52	
17	Mon	3:10	5.4	2:16	5.6	8:28	2.4	8:48	-0.3	7:19	4:52	
18	Tue	3:58	5.5	3:19	4.9	9:41	2.2	9:38	0.3	7:20	4:53	
19	Wed	4:46	5.6	4:33	4.3	10:58	1.9	10:32	1.0	7:20	4:53	
20	Thu	5:35	5.7	5:59	3.9			12:12	1.5	7:21	4:53	
21	Fri	6:22	5.8	7:30	3.8			1:17	1.1	7:21	4:54	
22	Sat	7:07	5.9	8:48	4.0	12:28	2.1	2:12	0.6	7:22	4:54	
23	Sun	7:49	5.9	9:50	4.2	1:25	2.5	2:59	0.3	7:22	4:55	
24	Mon	8:28	6.0	10:40	4.5	2:17	2.7	3:39	0.0	7:23	4:56	
25	Tue	9:05	6.1	11:22	4.6	3:05	2.9	4:15	-0.2	7:23	4:56	
26	Wed	9:42	6.1	11:59	4.7	3:48	3.0	4:49	-0.4	7:23	4:57	
27	Thu	10:18	6.1			4:27	3.0	5:21	-0.5	7:24	4:58	
28	Fri	12:32	4.7	10:54 AM	6.1	5:05	3.0	5:51	-0.5	7:24	4:58	
29	Sat	1:04	4.8	11:31 AM	6.0	5:42	2.9	6:22	-0.5	7:24	4:59	
30	Sun	1:35	4.9	12:08	5.8	6:20	2.8	6:53	-0.4	7:24	5:00	
31	Mon	2:06	5.0	12:47	5.5	7:01	2.7	7:26	-0.2	7:25	5:00	