

## Alcatraz Island, CA - Mar 2013

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:42	5.8	2:19	4.7	7:51	0.5	7:44	1.4	6:40	6:03	☾
2	Sat	2:21	5.9	3:25	4.3	8:46	0.4	8:30	1.9	6:38	6:04	☾
3	Sun	3:07	5.9	4:45	4.0	9:50	0.3	9:28	2.4	6:37	6:05	☾
4	Mon	4:03	5.8	6:15	4.0	11:03	0.2	10:45	2.7	6:36	6:06	☾
5	Tue	5:10	5.8	7:36	4.2			12:18	0.1	6:34	6:07	☾
6	Wed	6:22	5.8	8:37	4.5	12:12	2.7	1:26	-0.2	6:33	6:08	☾
7	Thu	7:32	5.9	9:25	4.9	1:29	2.5	2:24	-0.4	6:31	6:09	☾
8	Fri	8:35	5.9	10:06	5.2	2:32	2.1	3:13	-0.4	6:30	6:10	☾
9	Sat	9:33	6.0	10:44	5.4	3:27	1.6	3:58	-0.4	6:28	6:11	☾
10	Sun	11:26	5.9			5:16	1.2	5:38	-0.2	7:27	7:12	☾
11	Mon	12:19	5.6	12:16	5.7	6:02	0.8	6:17	0.1	7:25	7:13	☾
12	Tue	12:53	5.7	1:04	5.5	6:45	0.6	6:54	0.5	7:24	7:14	☾
13	Wed	1:25	5.8	1:52	5.1	7:28	0.4	7:31	0.9	7:22	7:15	☾
14	Thu	1:57	5.7	2:40	4.8	8:10	0.4	8:08	1.4	7:21	7:16	☾
15	Fri	2:29	5.6	3:32	4.4	8:54	0.4	8:47	1.9	7:19	7:17	☾
16	Sat	3:03	5.5	4:30	4.1	9:40	0.5	9:31	2.3	7:18	7:18	☾
17	Sun	3:42	5.3	5:39	3.9	10:34	0.7	10:25	2.7	7:16	7:18	☾
18	Mon	4:27	5.1	7:02	3.8	11:36	0.8	11:38	2.9	7:15	7:19	☾
19	Tue	5:24	4.9	8:18	3.9			12:45	0.8	7:13	7:20	☾
20	Wed	6:30	4.8	9:12	4.1	1:00	2.9	1:49	0.7	7:12	7:21	☾
21	Thu	7:37	4.8	9:51	4.3	2:08	2.8	2:43	0.6	7:10	7:22	☾
22	Fri	8:39	4.9	10:23	4.6	3:02	2.4	3:27	0.4	7:09	7:23	☾
23	Sat	9:34	5.0	10:51	4.8	3:46	2.0	4:05	0.4	7:07	7:24	☾
24	Sun	10:23	5.2	11:20	5.1	4:26	1.6	4:40	0.3	7:06	7:25	☾
25	Mon	11:11	5.2	11:49	5.4	5:03	1.1	5:14	0.4	7:04	7:26	☾
26	Tue	11:58	5.3			5:40	0.7	5:48	0.6	7:03	7:27	☾
27	Wed	12:19	5.6	12:46	5.2	6:19	0.2	6:23	0.9	7:01	7:28	☾
28	Thu	12:51	5.8	1:36	5.1	7:00	-0.2	7:01	1.2	7:00	7:29	☾
29	Fri	1:26	6.0	2:29	4.9	7:45	-0.4	7:41	1.6	6:58	7:30	☾
30	Sat	2:04	6.1	3:27	4.6	8:34	-0.5	8:26	2.0	6:56	7:30	☾
31	Sun	2:48	6.0	4:32	4.4	9:28	-0.5	9:20	2.3	6:55	7:31	☾