

## Alcatraz Island, CA - Jun 2014

| Date |     | High  |     |       |     | Low   |      |          |     | ☀    |      | ☾    |
|------|-----|-------|-----|-------|-----|-------|------|----------|-----|------|------|------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM       | ft  | Rise | Set  | Moon |
| 1    | Sun | 1:57  | 5.4 | 4:14  | 4.6 | 8:50  | -0.4 | 9:08     | 2.8 | 5:49 | 8:26 | ☾    |
| 2    | Mon | 2:38  | 5.1 | 4:55  | 4.6 | 9:29  | -0.2 | 10:06    | 2.8 | 5:48 | 8:26 | ☾    |
| 3    | Tue | 3:23  | 4.7 | 5:38  | 4.7 | 10:12 | 0.2  | 11:12    | 2.7 | 5:48 | 8:27 | ☾    |
| 4    | Wed | 4:17  | 4.3 | 6:20  | 4.8 | 10:57 | 0.5  |          |     | 5:48 | 8:27 | ☾    |
| 5    | Thu | 5:21  | 3.9 | 7:01  | 4.9 | 12:21 | 2.4  | 11:46 AM | 0.9 | 5:47 | 8:28 | ☾    |
| 6    | Fri | 6:37  | 3.7 | 7:41  | 5.2 | 1:24  | 2.0  | 12:37    | 1.2 | 5:47 | 8:29 | ☾    |
| 7    | Sat | 7:58  | 3.6 | 8:20  | 5.5 | 2:18  | 1.5  | 1:28     | 1.5 | 5:47 | 8:29 | ☾    |
| 8    | Sun | 9:13  | 3.7 | 8:58  | 5.7 | 3:04  | 1.0  | 2:18     | 1.8 | 5:47 | 8:30 | ☾    |
| 9    | Mon | 10:18 | 4.0 | 9:36  | 6.0 | 3:46  | 0.4  | 3:06     | 2.1 | 5:47 | 8:30 | ☾    |
| 10   | Tue | 11:14 | 4.2 | 10:16 | 6.3 | 4:27  | -0.2 | 3:53     | 2.2 | 5:47 | 8:31 | ☾    |
| 11   | Wed |       |     | 12:06 | 4.5 | 5:08  | -0.7 | 4:40     | 2.4 | 5:46 | 8:31 | ☾    |
| 12   | Thu |       |     | 12:55 | 4.7 | 5:49  | -1.1 | 5:28     | 2.5 | 5:46 | 8:32 | ☾    |
| 13   | Fri |       |     | 1:42  | 4.9 | 6:33  | -1.4 | 6:18     | 2.5 | 5:46 | 8:32 | ☾    |
| 14   | Sat | 12:29 | 6.6 | 2:29  | 5.0 | 7:18  | -1.5 | 7:11     | 2.5 | 5:46 | 8:33 | ☾    |
| 15   | Sun | 1:18  | 6.5 | 3:16  | 5.2 | 8:05  | -1.5 | 8:09     | 2.4 | 5:46 | 8:33 | ☾    |
| 16   | Mon | 2:11  | 6.2 | 4:04  | 5.3 | 8:52  | -1.2 | 9:13     | 2.3 | 5:47 | 8:33 | ☾    |
| 17   | Tue | 3:08  | 5.7 | 4:53  | 5.5 | 9:42  | -0.8 | 10:25    | 2.1 | 5:47 | 8:34 | ☾    |
| 18   | Wed | 4:11  | 5.1 | 5:43  | 5.6 | 10:34 | -0.2 | 11:43    | 1.8 | 5:47 | 8:34 | ☾    |
| 19   | Thu | 5:24  | 4.6 | 6:34  | 5.8 | 11:30 | 0.4  |          |     | 5:47 | 8:34 | ☾    |
| 20   | Fri | 6:47  | 4.2 | 7:25  | 6.0 | 12:59 | 1.4  | 12:28    | 0.9 | 5:47 | 8:34 | ☾    |
| 21   | Sat | 8:13  | 4.0 | 8:14  | 6.2 | 2:07  | 0.8  | 1:28     | 1.5 | 5:47 | 8:35 | ☾    |
| 22   | Sun | 9:33  | 4.1 | 9:01  | 6.3 | 3:07  | 0.3  | 2:26     | 1.9 | 5:48 | 8:35 | ☾    |
| 23   | Mon | 10:40 | 4.3 | 9:45  | 6.4 | 3:59  | -0.1 | 3:21     | 2.2 | 5:48 | 8:35 | ☾    |
| 24   | Tue | 11:37 | 4.5 | 10:26 | 6.4 | 4:45  | -0.4 | 4:12     | 2.5 | 5:48 | 8:35 | ☾    |
| 25   | Wed |       |     | 12:26 | 4.7 | 5:26  | -0.6 | 4:59     | 2.6 | 5:48 | 8:35 | ☾    |
| 26   | Thu |       |     | 1:10  | 4.8 | 6:04  | -0.6 | 5:44     | 2.7 | 5:49 | 8:35 | ☾    |
| 27   | Fri |       |     | 1:50  | 4.8 | 6:40  | -0.6 | 6:27     | 2.8 | 5:49 | 8:35 | ☾    |
| 28   | Sat | 12:20 | 6.0 | 2:26  | 4.8 | 7:14  | -0.6 | 7:09     | 2.8 | 5:50 | 8:35 | ☾    |
| 29   | Sun | 12:57 | 5.8 | 3:00  | 4.8 | 7:47  | -0.4 | 7:51     | 2.8 | 5:50 | 8:35 | ☾    |
| 30   | Mon | 1:34  | 5.5 | 3:33  | 4.9 | 8:20  | -0.2 | 8:36     | 2.7 | 5:50 | 8:35 | ☾    |