
































Alcatraz Island, CA - Sep 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:27	4.1	5:00	5.7	10:22	2.6	11:51	0.9	6:39	7:39	
2	Tue	6:53	4.0	6:00	5.7	11:30	2.9			6:40	7:37	
3	Wed	8:15	4.2	7:06	5.9	1:02	0.7	12:49	2.9	6:41	7:36	
4	Thu	9:17	4.5	8:12	6.1	2:07	0.3	2:02	2.8	6:42	7:34	
5	Fri	10:06	4.8	9:14	6.3	3:04	0.0	3:04	2.4	6:43	7:33	
6	Sat	10:49	5.2	10:12	6.5	3:54	-0.3	4:00	1.9	6:44	7:31	
7	Sun	11:29	5.5	11:08	6.5	4:41	-0.4	4:52	1.4	6:44	7:30	
8	Mon			12:08	5.8	5:26	-0.3	5:43	1.0	6:45	7:28	
9	Tue	12:03	6.4	12:47	6.1	6:09	-0.1	6:33	0.6	6:46	7:27	
10	Wed	12:57	6.2	1:26	6.3	6:52	0.3	7:24	0.4	6:47	7:25	
11	Thu	1:52	5.8	2:06	6.3	7:36	0.8	8:16	0.3	6:48	7:24	
12	Fri	2:50	5.4	2:49	6.3	8:22	1.3	9:11	0.3	6:49	7:22	
13	Sat	3:51	5.0	3:34	6.1	9:11	1.9	10:11	0.5	6:50	7:20	
14	Sun	5:00	4.7	4:24	5.8	10:09	2.4	11:17	0.6	6:50	7:19	
15	Mon	6:19	4.5	5:21	5.6	11:19	2.8			6:51	7:17	
16	Tue	7:39	4.5	6:25	5.4	12:28	0.7	12:37	2.9	6:52	7:16	
17	Wed	8:46	4.6	7:31	5.3	1:36	0.7	1:48	2.8	6:53	7:14	
18	Thu	9:37	4.8	8:32	5.3	2:34	0.7	2:47	2.6	6:54	7:13	
19	Fri	10:17	5.0	9:26	5.4	3:22	0.6	3:36	2.3	6:55	7:11	
20	Sat	10:50	5.1	10:13	5.4	4:03	0.6	4:18	2.0	6:55	7:10	
21	Sun	11:19	5.2	10:56	5.4	4:38	0.7	4:55	1.7	6:56	7:08	
22	Mon	11:45	5.3	11:37	5.4	5:10	0.8	5:30	1.4	6:57	7:06	
23	Tue			12:11	5.4	5:40	0.9	6:03	1.2	6:58	7:05	
24	Wed	12:17	5.3	12:37	5.5	6:09	1.1	6:35	0.9	6:59	7:03	
25	Thu	12:58	5.2	1:04	5.6	6:38	1.4	7:09	0.7	7:00	7:02	
26	Fri	1:40	5.0	1:34	5.7	7:09	1.7	7:46	0.6	7:01	7:00	
27	Sat	2:26	4.8	2:07	5.7	7:43	2.0	8:28	0.5	7:01	6:59	
28	Sun	3:17	4.6	2:44	5.7	8:21	2.3	9:16	0.4	7:02	6:57	
29	Mon	4:16	4.4	3:29	5.7	9:07	2.7	10:12	0.4	7:03	6:56	
30	Tue	5:26	4.3	4:24	5.6	10:06	2.9	11:17	0.4	7:04	6:54	