

































Alcatraz Island, CA - Oct 2014

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:41	4.4	5:31	5.5	11:24	3.0			7:05	6:52	
2	Thu	7:49	4.6	6:45	5.5	12:27	0.4	12:49	2.9	7:06	6:51	
3	Fri	8:45	4.9	7:58	5.5	1:33	0.2	2:02	2.4	7:07	6:49	
4	Sat	9:31	5.2	9:06	5.7	2:32	0.2	3:02	1.9	7:08	6:48	
5	Sun	10:12	5.6	10:08	5.8	3:24	0.1	3:55	1.2	7:09	6:46	
6	Mon	10:51	5.9	11:06	5.8	4:12	0.2	4:45	0.6	7:09	6:45	
7	Tue	11:30	6.2			4:56	0.5	5:33	0.1	7:10	6:43	
8	Wed	12:02	5.8	12:08	6.4	5:40	0.8	6:20	-0.2	7:11	6:42	
9	Thu	12:56	5.7	12:46	6.5	6:24	1.2	7:07	-0.4	7:12	6:40	
10	Fri	1:51	5.4	1:26	6.4	7:08	1.6	7:54	-0.4	7:13	6:39	
11	Sat	2:47	5.2	2:07	6.2	7:55	2.1	8:43	-0.2	7:14	6:38	
12	Sun	3:45	5.0	2:50	5.9	8:46	2.5	9:35	0.0	7:15	6:36	
13	Mon	4:48	4.8	3:39	5.5	9:46	2.8	10:33	0.3	7:16	6:35	
14	Tue	5:56	4.6	4:34	5.2	10:58	3.0	11:36	0.6	7:17	6:33	
15	Wed	7:04	4.6	5:39	4.9			12:17	3.0	7:18	6:32	
16	Thu	8:03	4.8	6:50	4.7	12:41	0.8	1:29	2.7	7:19	6:31	
17	Fri	8:50	4.9	7:58	4.6	1:40	0.9	2:27	2.4	7:20	6:29	
18	Sat	9:27	5.1	8:59	4.7	2:31	1.0	3:15	2.0	7:21	6:28	
19	Sun	9:58	5.2	9:52	4.8	3:14	1.0	3:56	1.5	7:22	6:26	
20	Mon	10:26	5.4	10:40	4.8	3:52	1.2	4:33	1.1	7:23	6:25	
21	Tue	10:53	5.6	11:26	4.9	4:26	1.3	5:07	0.8	7:24	6:24	
22	Wed	11:21	5.7			4:59	1.5	5:40	0.4	7:25	6:23	
23	Thu	12:10	4.9	11:50 AM	5.9	5:31	1.8	6:13	0.1	7:26	6:21	
24	Fri	12:54	4.9	12:21	6.0	6:04	2.0	6:48	-0.1	7:27	6:20	
25	Sat	1:39	4.9	12:54	6.0	6:39	2.2	7:26	-0.3	7:28	6:19	
26	Sun	2:27	4.8	1:30	6.0	7:18	2.5	8:09	-0.4	7:29	6:18	
27	Mon	3:18	4.7	2:12	5.9	8:02	2.7	8:56	-0.3	7:30	6:16	
28	Tue	4:14	4.7	3:00	5.7	8:54	2.9	9:49	-0.2	7:31	6:15	
29	Wed	5:15	4.7	3:59	5.5	10:01	3.0	10:49	-0.1	7:32	6:14	
30	Thu	6:18	4.8	5:10	5.2	11:23	2.9	11:54	0.1	7:33	6:13	
31	Fri	7:17	5.0	6:29	5.0			12:48	2.5	7:34	6:12	