





























Alcatraz Island, CA - May 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:20	4.4	11:11	5.5	5:03	0.5	4:48	1.4	6:13	7:59	
2	Sat			12:05	4.4	5:36	0.2	5:21	1.6	6:12	8:00	
3	Sun			12:48	4.5	6:09	-0.1	5:54	1.8	6:11	8:01	
4	Mon	12:09	5.7	1:32	4.5	6:41	-0.3	6:28	2.1	6:10	8:02	
5	Tue	12:41	5.7	2:16	4.5	7:16	-0.5	7:05	2.3	6:09	8:03	
6	Wed	1:15	5.7	3:03	4.5	7:54	-0.7	7:46	2.5	6:08	8:04	
7	Thu	1:53	5.7	3:54	4.4	8:37	-0.7	8:33	2.7	6:07	8:05	
8	Fri	2:36	5.5	4:48	4.5	9:24	-0.6	9:30	2.8	6:05	8:06	
9	Sat	3:27	5.3	5:46	4.5	10:17	-0.5	10:42	2.7	6:04	8:07	
10	Sun	4:28	5.0	6:43	4.7	11:16	-0.3			6:04	8:08	
11	Mon	5:42	4.7	7:36	5.0	12:04	2.5	12:17	-0.1	6:03	8:09	
12	Tue	7:02	4.5	8:24	5.3	1:21	2.0	1:18	0.2	6:02	8:09	
13	Wed	8:22	4.5	9:08	5.7	2:26	1.3	2:15	0.4	6:01	8:10	
14	Thu	9:34	4.6	9:50	6.0	3:23	0.6	3:09	0.7	6:00	8:11	
15	Fri	10:40	4.7	10:31	6.3	4:14	-0.1	3:59	1.0	5:59	8:12	
16	Sat	11:40	4.8	11:12	6.5	5:02	-0.6	4:47	1.3	5:58	8:13	
17	Sun			12:37	4.9	5:48	-1.0	5:35	1.7	5:57	8:14	
18	Mon			1:31	5.0	6:34	-1.2	6:24	2.0	5:57	8:15	
19	Tue	12:34	6.4	2:23	4.9	7:19	-1.2	7:13	2.2	5:56	8:15	
20	Wed	1:16	6.2	3:15	4.9	8:03	-1.1	8:06	2.5	5:55	8:16	
21	Thu	1:59	5.8	4:07	4.8	8:49	-0.9	9:02	2.6	5:54	8:17	
22	Fri	2:44	5.4	5:00	4.8	9:36	-0.5	10:06	2.7	5:54	8:18	
23	Sat	3:33	5.0	5:53	4.7	10:25	-0.1	11:18	2.7	5:53	8:19	
24	Sun	4:29	4.5	6:44	4.8	11:17	0.2			5:52	8:20	
25	Mon	5:34	4.1	7:30	4.9	12:30	2.5	12:11	0.6	5:52	8:20	
26	Tue	6:48	3.8	8:11	5.0	1:35	2.1	1:05	0.9	5:51	8:21	
27	Wed	8:04	3.7	8:47	5.2	2:31	1.6	1:55	1.2	5:51	8:22	
28	Thu	9:14	3.8	9:20	5.4	3:18	1.2	2:41	1.5	5:50	8:23	
29	Fri	10:14	3.9	9:52	5.6	3:59	0.7	3:24	1.8	5:50	8:23	
30	Sat	11:07	4.1	10:25	5.8	4:36	0.3	4:04	2.0	5:49	8:24	
31	Sun	11:55	4.3	10:59	6.0	5:11	-0.1	4:42	2.2	5:49	8:25	