


## Alcatraz Island, CA - Jul 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			1:07	4.7	6:00	-0.8	5:39	2.7	5:51	8:35	
2	Thu			1:48	4.9	6:39	-1.1	6:26	2.6	5:51	8:35	
3	Fri	12:34	6.5	2:29	5.1	7:20	-1.1	7:16	2.5	5:52	8:35	
4	Sat	1:21	6.3	3:11	5.3	8:02	-1.1	8:10	2.4	5:52	8:35	
5	Sun	2:12	6.0	3:54	5.4	8:47	-0.8	9:10	2.2	5:53	8:35	
6	Mon	3:07	5.6	4:39	5.6	9:33	-0.4	10:18	2.0	5:53	8:35	
7	Tue	4:10	5.0	5:27	5.8	10:23	0.1	11:33	1.7	5:54	8:34	
8	Wed	5:24	4.5	6:17	6.0	11:17	0.7			5:55	8:34	
9	Thu	6:50	4.2	7:09	6.2	12:48	1.2	12:16	1.3	5:55	8:34	
10	Fri	8:18	4.1	8:01	6.4	1:58	0.7	1:19	1.8	5:56	8:33	
11	Sat	9:38	4.3	8:52	6.5	3:00	0.2	2:22	2.2	5:56	8:33	
12	Sun	10:43	4.5	9:42	6.6	3:54	-0.2	3:21	2.4	5:57	8:33	
13	Mon	11:38	4.8	10:28	6.6	4:42	-0.5	4:16	2.5	5:58	8:32	
14	Tue			12:26	4.9	5:26	-0.7	5:06	2.6	5:58	8:32	
15	Wed			1:10	5.0	6:07	-0.7	5:54	2.6	5:59	8:31	
16	Thu			1:49	5.1	6:44	-0.6	6:40	2.6	6:00	8:31	
17	Fri	12:35	6.1	2:26	5.1	7:20	-0.5	7:24	2.5	6:01	8:30	
18	Sat	1:15	5.8	3:00	5.1	7:55	-0.3	8:08	2.5	6:01	8:29	
19	Sun	1:54	5.5	3:33	5.1	8:29	0.0	8:55	2.4	6:02	8:29	
20	Mon	2:36	5.1	4:06	5.2	9:04	0.4	9:45	2.4	6:03	8:28	
21	Tue	3:21	4.7	4:41	5.2	9:40	0.9	10:42	2.2	6:04	8:28	
22	Wed	4:13	4.2	5:19	5.3	10:20	1.3	11:45	2.1	6:04	8:27	
23	Thu	5:19	3.9	6:02	5.4	11:05	1.8			6:05	8:26	
24	Fri	6:43	3.6	6:47	5.5	12:50	1.8	11:58 AM	2.2	6:06	8:25	
25	Sat	8:13	3.7	7:35	5.7	1:50	1.4	12:58	2.5	6:07	8:25	
26	Sun	9:30	3.9	8:24	6.0	2:43	0.9	1:59	2.7	6:08	8:24	
27	Mon	10:28	4.2	9:12	6.2	3:30	0.4	2:55	2.8	6:08	8:23	
28	Tue	11:15	4.5	9:59	6.4	4:13	0.0	3:46	2.8	6:09	8:22	
29	Wed	11:56	4.7	10:46	6.6	4:54	-0.4	4:34	2.6	6:10	8:21	
30	Thu			12:36	5.0	5:35	-0.7	5:22	2.4	6:11	8:20	
31	Fri			1:15	5.2	6:16	-0.9	6:11	2.2	6:12	8:19	