

































## Alcatraz Island, CA - Aug 2015

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:23	6.7	1:54	5.5	6:57	-0.9	7:02	1.9	6:13	8:18	
2	Sun	1:13	6.5	2:33	5.7	7:40	-0.7	7:55	1.7	6:13	8:17	
3	Mon	2:06	6.1	3:15	5.9	8:23	-0.3	8:53	1.5	6:14	8:16	
4	Tue	3:04	5.6	3:59	6.1	9:09	0.2	9:57	1.3	6:15	8:15	
5	Wed	4:08	5.1	4:47	6.2	9:58	0.8	11:08	1.1	6:16	8:14	
6	Thu	5:23	4.6	5:39	6.2	10:53	1.5			6:17	8:13	
7	Fri	6:50	4.3	6:36	6.3	12:24	0.9	11:57 AM	2.0	6:18	8:12	
8	Sat	8:18	4.3	7:35	6.3	1:37	0.6	1:08	2.4	6:19	8:11	
9	Sun	9:33	4.5	8:33	6.3	2:42	0.3	2:17	2.6	6:19	8:10	
10	Mon	10:32	4.8	9:27	6.3	3:38	0.0	3:18	2.6	6:20	8:09	
11	Tue	11:21	5.0	10:16	6.3	4:26	-0.1	4:12	2.5	6:21	8:08	
12	Wed			12:03	5.1	5:08	-0.2	4:59	2.4	6:22	8:06	
13	Thu			12:40	5.2	5:46	-0.2	5:42	2.3	6:23	8:05	
14	Fri			1:13	5.2	6:20	-0.1	6:22	2.2	6:24	8:04	
15	Sat	12:22	5.9	1:43	5.2	6:52	0.1	7:01	2.1	6:25	8:03	
16	Sun	1:00	5.7	2:12	5.2	7:23	0.4	7:39	2.0	6:26	8:01	
17	Mon	1:38	5.4	2:40	5.3	7:54	0.6	8:18	1.9	6:26	8:00	
18	Tue	2:18	5.1	3:09	5.3	8:25	1.0	9:00	1.8	6:27	7:59	
19	Wed	3:01	4.7	3:41	5.3	8:58	1.4	9:47	1.8	6:28	7:57	
20	Thu	3:52	4.4	4:18	5.4	9:35	1.8	10:42	1.7	6:29	7:56	
21	Fri	4:55	4.0	5:02	5.4	10:18	2.3	11:45	1.5	6:30	7:55	
22	Sat	6:16	3.8	5:52	5.5	11:13	2.7			6:31	7:53	
23	Sun	7:45	3.9	6:49	5.6	12:53	1.3	12:23	2.9	6:32	7:52	
24	Mon	9:00	4.1	7:47	5.8	1:55	0.9	1:34	3.0	6:32	7:51	
25	Tue	9:55	4.4	8:44	6.0	2:50	0.5	2:36	2.8	6:33	7:49	
26	Wed	10:39	4.7	9:38	6.3	3:38	0.1	3:30	2.6	6:34	7:48	
27	Thu	11:19	5.0	10:31	6.5	4:23	-0.3	4:19	2.2	6:35	7:46	
28	Fri	11:57	5.3	11:23	6.6	5:06	-0.5	5:08	1.8	6:36	7:45	
29	Sat			12:34	5.6	5:48	-0.5	5:57	1.4	6:37	7:44	
30	Sun	12:15	6.5	1:13	5.9	6:30	-0.4	6:47	1.0	6:38	7:42	
31	Mon	1:08	6.3	1:52	6.1	7:13	0.0	7:39	0.7	6:38	7:41	