
































Alcatraz Island, CA - Apr 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:42	4.8	8:59	4.3	12:58	2.9	1:39	0.3	6:53	7:33	
2	Sat	7:52	5.0	9:42	4.6	2:07	2.6	2:35	0.1	6:52	7:33	
3	Sun	8:57	5.2	10:20	5.0	3:03	2.1	3:25	-0.1	6:50	7:34	
4	Mon	9:57	5.4	10:56	5.3	3:52	1.5	4:11	-0.2	6:49	7:35	
5	Tue	10:53	5.5	11:32	5.7	4:38	0.9	4:55	-0.1	6:47	7:36	
6	Wed	11:49	5.6			5:25	0.3	5:38	0.1	6:46	7:37	
7	Thu	12:09	6.0	12:44	5.6	6:12	-0.3	6:21	0.5	6:44	7:38	
8	Fri	12:48	6.2	1:40	5.4	7:00	-0.6	7:06	0.9	6:43	7:39	
9	Sat	1:29	6.3	2:37	5.2	7:50	-0.8	7:53	1.4	6:41	7:40	
10	Sun	2:12	6.3	3:39	4.9	8:43	-0.9	8:46	1.8	6:40	7:41	
11	Mon	2:59	6.1	4:45	4.7	9:40	-0.7	9:46	2.2	6:38	7:42	
12	Tue	3:52	5.7	5:58	4.6	10:43	-0.4	11:01	2.5	6:37	7:43	
13	Wed	4:53	5.3	7:12	4.6	11:51	-0.2			6:35	7:44	
14	Thu	6:03	5.0	8:17	4.8	12:25	2.5	1:00	0.0	6:34	7:44	
15	Fri	7:17	4.8	9:11	5.0	1:42	2.3	2:04	0.2	6:33	7:45	
16	Sat	8:28	4.7	9:54	5.1	2:47	1.9	2:58	0.3	6:31	7:46	
17	Sun	9:31	4.7	10:31	5.2	3:40	1.5	3:44	0.5	6:30	7:47	
18	Mon	10:25	4.7	11:02	5.3	4:24	1.1	4:23	0.7	6:29	7:48	
19	Tue	11:13	4.7	11:30	5.4	5:04	0.8	4:59	0.9	6:27	7:49	
20	Wed	11:57	4.6	11:56	5.4	5:39	0.5	5:32	1.2	6:26	7:50	
21	Thu			12:39	4.6	6:12	0.3	6:03	1.5	6:25	7:51	
22	Fri	12:21	5.4	1:20	4.5	6:44	0.1	6:34	1.7	6:23	7:52	
23	Sat	12:48	5.5	2:02	4.5	7:16	-0.1	7:06	2.0	6:22	7:53	
24	Sun	1:16	5.4	2:44	4.4	7:49	-0.1	7:40	2.3	6:21	7:54	
25	Mon	1:47	5.4	3:31	4.3	8:25	-0.2	8:18	2.5	6:19	7:55	
26	Tue	2:22	5.3	4:22	4.2	9:06	-0.2	9:02	2.8	6:18	7:56	
27	Wed	3:02	5.1	5:20	4.2	9:53	-0.1	9:59	2.9	6:17	7:56	
28	Thu	3:52	4.9	6:21	4.2	10:47	0.0	11:14	2.9	6:16	7:57	
29	Fri	4:53	4.7	7:20	4.4	11:47	0.1			6:15	7:58	
30	Sat	6:05	4.6	8:10	4.7	12:36	2.7	12:49	0.1	6:13	7:59	