



Alcatraz Island, CA - Nov 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:52	4.7	12:57	5.7	6:52	2.4	7:34	0.0	7:35	6:10	☀
2	Wed	2:35	4.6	1:28	5.6	7:27	2.7	8:09	0.0	7:36	6:09	☀
3	Thu	3:20	4.6	2:02	5.5	8:04	2.9	8:48	0.1	7:38	6:08	☀
4	Fri	4:09	4.5	2:42	5.3	8:49	3.1	9:33	0.2	7:39	6:07	☀
5	Sat	5:03	4.5	3:30	5.0	9:45	3.2	10:24	0.3	7:40	6:06	☀
6	Sun	5:00	4.5	3:28	4.8	9:59	3.2	10:21	0.4	6:41	5:05	☀
7	Mon	5:56	4.7	4:39	4.6	11:20	3.0	11:22	0.5	6:42	5:04	☀
8	Tue	6:45	4.9	5:56	4.6			12:29	2.6	6:43	5:03	☀
9	Wed	7:28	5.2	7:11	4.6	12:20	0.6	1:25	2.0	6:44	5:02	☀
10	Thu	8:07	5.6	8:20	4.8	1:14	0.7	2:14	1.2	6:45	5:01	☀
11	Fri	8:45	6.0	9:22	5.0	2:04	0.8	3:00	0.5	6:46	5:01	☀
12	Sat	9:23	6.4	10:22	5.2	2:52	1.1	3:46	-0.2	6:47	5:00	☀
13	Sun	10:03	6.7	11:19	5.3	3:38	1.3	4:32	-0.8	6:48	4:59	☀
14	Mon	10:44	6.9			4:25	1.6	5:20	-1.2	6:49	4:58	☀
15	Tue	12:15	5.4	11:28 AM	6.9	5:13	1.9	6:08	-1.3	6:50	4:58	☀
16	Wed	1:11	5.3	12:14	6.8	6:04	2.2	6:58	-1.3	6:51	4:57	☀
17	Thu	2:08	5.3	1:03	6.5	7:00	2.5	7:50	-1.1	6:52	4:56	☀
18	Fri	3:06	5.2	1:56	6.1	8:02	2.7	8:46	-0.7	6:53	4:56	☀
19	Sat	4:07	5.2	2:56	5.5	9:15	2.8	9:44	-0.3	6:55	4:55	☀
20	Sun	5:07	5.2	4:03	5.0	10:36	2.7	10:46	0.2	6:56	4:54	☀
21	Mon	6:05	5.3	5:19	4.6	11:55	2.3	11:48	0.6	6:57	4:54	☀
22	Tue	6:58	5.5	6:38	4.3			1:03	1.9	6:58	4:53	☀
23	Wed	7:43	5.6	7:53	4.3	12:45	0.9	1:59	1.4	6:59	4:53	☀
24	Thu	8:21	5.8	8:57	4.4	1:36	1.3	2:47	0.9	7:00	4:52	☀
25	Fri	8:55	5.9	9:52	4.5	2:22	1.6	3:28	0.5	7:01	4:52	☀
26	Sat	9:26	5.9	10:41	4.5	3:03	1.9	4:05	0.2	7:02	4:52	☀
27	Sun	9:55	6.0	11:25	4.6	3:41	2.2	4:38	0.0	7:03	4:51	☀
28	Mon	10:25	6.0			4:17	2.4	5:10	-0.2	7:04	4:51	☀
29	Tue	12:07	4.7	10:55 AM	6.0	4:52	2.6	5:42	-0.3	7:05	4:51	☀
30	Wed	12:46	4.7	11:26 AM	5.9	5:27	2.8	6:14	-0.4	7:06	4:51	☀