























## Alcatraz Island, CA - Jan 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:20	4.9	12:59	5.7	7:06	2.9	7:43	-0.5	7:25	5:01	
2	Mon	2:58	5.0	1:44	5.4	7:56	2.8	8:24	-0.2	7:25	5:02	
3	Tue	3:39	5.1	2:38	4.9	8:55	2.6	9:09	0.2	7:25	5:03	
4	Wed	4:22	5.3	3:45	4.5	10:04	2.3	10:00	0.7	7:25	5:04	
5	Thu	5:09	5.5	5:09	4.1	11:20	1.9	10:56	1.2	7:25	5:05	
6	Fri	5:57	5.8	6:42	4.0			12:32	1.3	7:25	5:06	
7	Sat	6:46	6.1	8:09	4.2			1:35	0.6	7:25	5:06	
8	Sun	7:36	6.5	9:21	4.5	1:01	2.0	2:31	-0.1	7:25	5:07	
9	Mon	8:26	6.7	10:21	4.8	2:01	2.3	3:23	-0.7	7:25	5:08	
10	Tue	9:16	6.9	11:14	5.1	2:59	2.4	4:11	-1.1	7:25	5:09	
11	Wed	10:05	7.0			3:54	2.4	4:58	-1.3	7:24	5:10	
12	Thu	12:03	5.3	10:54 AM	6.9	4:47	2.4	5:43	-1.3	7:24	5:11	
13	Fri	12:48	5.4	11:42 AM	6.7	5:40	2.4	6:27	-1.2	7:24	5:12	
14	Sat	1:32	5.5	12:30	6.3	6:32	2.3	7:10	-0.9	7:24	5:13	
15	Sun	2:15	5.5	1:18	5.8	7:26	2.3	7:52	-0.4	7:23	5:14	
16	Mon	2:57	5.4	2:08	5.3	8:23	2.2	8:35	0.1	7:23	5:15	
17	Tue	3:40	5.4	3:03	4.7	9:26	2.2	9:20	0.7	7:22	5:16	
18	Wed	4:23	5.4	4:09	4.1	10:33	2.0	10:09	1.3	7:22	5:18	
19	Thu	5:08	5.4	5:31	3.8	11:43	1.8	11:04	1.9	7:22	5:19	
20	Fri	5:54	5.4	7:05	3.7			12:49	1.4	7:21	5:20	
21	Sat	6:40	5.5	8:29	3.8	12:05	2.3	1:46	1.0	7:20	5:21	
22	Sun	7:25	5.6	9:30	4.1	1:06	2.6	2:35	0.6	7:20	5:22	
23	Mon	8:08	5.8	10:17	4.3	2:02	2.8	3:16	0.3	7:19	5:23	
24	Tue	8:50	5.9	10:56	4.5	2:50	2.8	3:54	0.0	7:19	5:24	
25	Wed	9:30	6.1	11:31	4.7	3:33	2.8	4:28	-0.3	7:18	5:25	
26	Thu	10:09	6.1			4:12	2.8	5:01	-0.5	7:17	5:26	
27	Fri	12:03	4.8	10:48 AM	6.2	4:49	2.7	5:34	-0.6	7:17	5:27	
28	Sat	12:35	4.9	11:28 AM	6.1	5:26	2.5	6:07	-0.6	7:16	5:29	
29	Sun	1:07	5.1	12:08	6.0	6:06	2.4	6:41	-0.6	7:15	5:30	
30	Mon	1:41	5.2	12:51	5.8	6:49	2.2	7:18	-0.3	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
<b>31</b>	Tue	<b>2:16</b>	5.3	<b>1:39</b>	5.4	<b>7:37</b>	2.0	<b>7:57</b>	0.0	7:13	5:32	