


























Alcatraz Island, CA - Jun 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:42	4.6	7:29	5.4	12:18	2.3	12:15	0.1	5:48	8:26	
2	Fri	7:01	4.2	8:17	5.6	1:31	1.8	1:13	0.5	5:48	8:26	
3	Sat	8:20	4.1	9:00	5.7	2:34	1.3	2:07	1.0	5:48	8:27	
4	Sun	9:33	4.0	9:37	5.8	3:28	0.9	2:56	1.4	5:48	8:28	
5	Mon	10:36	4.1	10:11	5.9	4:14	0.4	3:41	1.7	5:47	8:28	
6	Tue	11:31	4.2	10:42	5.9	4:54	0.1	4:23	2.1	5:47	8:29	
7	Wed			12:19	4.3	5:30	-0.2	5:02	2.3	5:47	8:29	
8	Thu			1:03	4.4	6:04	-0.4	5:40	2.6	5:47	8:30	
9	Fri			1:44	4.5	6:37	-0.5	6:17	2.8	5:47	8:30	
10	Sat	12:15	5.8	2:23	4.5	7:09	-0.5	6:54	2.9	5:47	8:31	
11	Sun	12:49	5.7	3:01	4.5	7:42	-0.6	7:33	3.0	5:46	8:31	
12	Mon	1:24	5.6	3:40	4.6	8:17	-0.5	8:16	3.0	5:46	8:32	
13	Tue	2:02	5.4	4:20	4.6	8:55	-0.4	9:05	3.0	5:46	8:32	
14	Wed	2:44	5.1	5:02	4.7	9:35	-0.3	10:03	3.0	5:46	8:33	
15	Thu	3:33	4.8	5:45	4.9	10:20	-0.1	11:11	2.8	5:47	8:33	
16	Fri	4:32	4.5	6:29	5.1	11:09	0.3			5:47	8:33	
17	Sat	5:45	4.2	7:12	5.4	12:22	2.4	12:02	0.6	5:47	8:34	
18	Sun	7:09	4.0	7:55	5.7	1:28	1.8	12:57	1.0	5:47	8:34	
19	Mon	8:33	4.0	8:38	6.1	2:26	1.1	1:53	1.3	5:47	8:34	
20	Tue	9:49	4.2	9:22	6.4	3:19	0.3	2:48	1.7	5:47	8:35	
21	Wed	10:56	4.5	10:07	6.8	4:09	-0.4	3:42	2.0	5:47	8:35	
22	Thu	11:55	4.7	10:54	7.0	4:57	-1.0	4:35	2.2	5:48	8:35	
23	Fri			12:51	5.0	5:46	-1.4	5:28	2.3	5:48	8:35	
24	Sat			1:43	5.2	6:34	-1.6	6:23	2.4	5:48	8:35	
25	Sun	12:31	7.0	2:33	5.3	7:23	-1.6	7:19	2.5	5:49	8:35	
26	Mon	1:22	6.7	3:23	5.4	8:11	-1.4	8:19	2.5	5:49	8:35	
27	Tue	2:14	6.3	4:12	5.4	9:00	-1.1	9:24	2.4	5:49	8:35	
28	Wed	3:09	5.7	5:02	5.5	9:50	-0.6	10:34	2.3	5:50	8:35	
29	Thu	4:09	5.1	5:52	5.5	10:41	0.0	11:48	2.1	5:50	8:35	
30	Fri	5:17	4.5	6:41	5.6	11:34	0.6			5:51	8:35	