





















## Alcatraz Island, CA - Jul 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:35	4.0	7:28	5.7	1:00	1.8	12:29	1.1	5:51	8:35	
2	Sun	8:01	3.9	8:12	5.8	2:05	1.3	1:25	1.6	5:52	8:35	
3	Mon	9:21	3.9	8:52	5.9	3:01	0.9	2:19	2.1	5:52	8:35	
4	Tue	10:28	4.1	9:30	6.0	3:49	0.5	3:09	2.4	5:53	8:35	
5	Wed	11:22	4.3	10:07	6.0	4:31	0.2	3:56	2.6	5:53	8:35	
6	Thu			12:08	4.4	5:08	-0.1	4:38	2.8	5:54	8:34	
7	Fri			12:48	4.5	5:43	-0.2	5:18	2.9	5:54	8:34	
8	Sat			1:24	4.6	6:16	-0.4	5:56	2.9	5:55	8:34	
9	Sun			1:58	4.7	6:48	-0.5	6:34	2.9	5:56	8:33	
10	Mon	12:30	6.0	2:32	4.8	7:20	-0.5	7:12	2.9	5:56	8:33	
11	Tue	1:07	5.9	3:05	4.9	7:53	-0.5	7:53	2.9	5:57	8:33	
12	Wed	1:46	5.7	3:40	5.0	8:28	-0.4	8:39	2.8	5:57	8:32	
13	Thu	2:28	5.4	4:17	5.1	9:06	-0.1	9:32	2.6	5:58	8:32	
14	Fri	3:17	5.0	4:56	5.3	9:47	0.2	10:34	2.4	5:59	8:31	
15	Sat	4:15	4.6	5:38	5.5	10:32	0.6	11:43	2.0	6:00	8:31	
16	Sun	5:30	4.2	6:24	5.8	11:23	1.1			6:00	8:30	
17	Mon	6:59	4.0	7:12	6.1	12:53	1.5	12:21	1.6	6:01	8:30	
18	Tue	8:29	4.0	8:02	6.4	1:59	0.8	1:23	2.0	6:02	8:29	
19	Wed	9:47	4.3	8:54	6.7	2:58	0.2	2:25	2.3	6:03	8:29	
20	Thu	10:52	4.6	9:46	6.9	3:53	-0.4	3:25	2.5	6:03	8:28	
21	Fri	11:47	4.9	10:38	7.1	4:43	-0.9	4:22	2.5	6:04	8:27	
22	Sat			12:36	5.1	5:32	-1.2	5:18	2.4	6:05	8:26	
23	Sun			1:23	5.3	6:19	-1.3	6:12	2.3	6:06	8:26	
24	Mon	12:20	6.9	2:07	5.5	7:05	-1.2	7:06	2.2	6:06	8:25	
25	Tue	1:10	6.6	2:50	5.6	7:50	-0.9	8:01	2.1	6:07	8:24	
26	Wed	2:01	6.2	3:33	5.6	8:33	-0.5	8:59	2.1	6:08	8:23	
27	Thu	2:53	5.6	4:16	5.6	9:17	0.0	10:00	2.0	6:09	8:23	
28	Fri	3:49	5.0	5:00	5.6	10:03	0.6	11:06	1.9	6:10	8:22	
29	Sat	4:53	4.5	5:45	5.6	10:52	1.2			6:11	8:21	
30	Sun	6:10	4.0	6:32	5.6	12:15	1.7	11:46 AM	1.8	6:11	8:20	
31	Mon	7:40	3.9	7:19	5.7	1:22	1.4	12:46	2.3	6:12	8:19	