

































Alcatraz Island, CA - Sep 2017

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|-------|-----|-------|------|-------|-----|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 10:27 | 4.6 | 9:05 | 5.6 | 3:20 | 0.7 | 3:19 | 2.9 | 6:40 | 7:38 |  |
| 2 | Sat | 11:02 | 4.7 | 9:52 | 5.8 | 4:03 | 0.4 | 4:02 | 2.7 | 6:40 | 7:37 |  |
| 3 | Sun | 11:34 | 4.9 | 10:36 | 5.9 | 4:40 | 0.3 | 4:40 | 2.5 | 6:41 | 7:35 |  |
| 4 | Mon | | | 12:03 | 5.0 | 5:14 | 0.1 | 5:16 | 2.2 | 6:42 | 7:34 |  |
| 5 | Tue | | | 12:32 | 5.2 | 5:47 | 0.1 | 5:52 | 1.9 | 6:43 | 7:32 |  |
| 6 | Wed | 12:01 | 6.0 | 1:02 | 5.4 | 6:20 | 0.1 | 6:30 | 1.6 | 6:44 | 7:31 |  |
| 7 | Thu | 12:44 | 5.9 | 1:34 | 5.6 | 6:54 | 0.3 | 7:10 | 1.3 | 6:45 | 7:29 |  |
| 8 | Fri | 1:30 | 5.7 | 2:07 | 5.7 | 7:29 | 0.6 | 7:55 | 1.1 | 6:46 | 7:28 |  |
| 9 | Sat | 2:20 | 5.4 | 2:43 | 5.9 | 8:07 | 1.0 | 8:44 | 0.9 | 6:46 | 7:26 |  |
| 10 | Sun | 3:16 | 5.0 | 3:23 | 5.9 | 8:50 | 1.5 | 9:40 | 0.7 | 6:47 | 7:25 |  |
| 11 | Mon | 4:22 | 4.7 | 4:10 | 6.0 | 9:38 | 2.0 | 10:44 | 0.6 | 6:48 | 7:23 |  |
| 12 | Tue | 5:40 | 4.4 | 5:05 | 5.9 | 10:38 | 2.5 | 11:57 | 0.5 | 6:49 | 7:22 |  |
| 13 | Wed | 7:07 | 4.4 | 6:10 | 5.9 | 11:53 | 2.8 | | | 6:50 | 7:20 |  |
| 14 | Thu | 8:26 | 4.6 | 7:19 | 6.0 | 1:12 | 0.3 | 1:14 | 2.8 | 6:51 | 7:18 |  |
| 15 | Fri | 9:28 | 4.9 | 8:26 | 6.1 | 2:19 | 0.1 | 2:26 | 2.6 | 6:51 | 7:17 |  |
| 16 | Sat | 10:18 | 5.2 | 9:28 | 6.2 | 3:17 | -0.1 | 3:27 | 2.3 | 6:52 | 7:15 |  |
| 17 | Sun | 11:01 | 5.4 | 10:25 | 6.2 | 4:08 | -0.2 | 4:19 | 1.9 | 6:53 | 7:14 |  |
| 18 | Mon | 11:40 | 5.6 | 11:17 | 6.1 | 4:53 | -0.2 | 5:08 | 1.5 | 6:54 | 7:12 |  |
| 19 | Tue | | | 12:17 | 5.7 | 5:34 | 0.0 | 5:53 | 1.2 | 6:55 | 7:11 |  |
| 20 | Wed | 12:07 | 6.0 | 12:51 | 5.8 | 6:13 | 0.3 | 6:37 | 1.0 | 6:56 | 7:09 |  |
| 21 | Thu | 12:55 | 5.7 | 1:25 | 5.8 | 6:51 | 0.7 | 7:19 | 0.8 | 6:57 | 7:08 |  |
| 22 | Fri | 1:42 | 5.4 | 1:57 | 5.7 | 7:28 | 1.1 | 8:01 | 0.8 | 6:57 | 7:06 |  |
| 23 | Sat | 2:30 | 5.1 | 2:29 | 5.6 | 8:06 | 1.6 | 8:45 | 0.8 | 6:58 | 7:04 |  |
| 24 | Sun | 3:22 | 4.8 | 3:03 | 5.5 | 8:46 | 2.1 | 9:32 | 0.8 | 6:59 | 7:03 |  |
| 25 | Mon | 4:19 | 4.5 | 3:41 | 5.3 | 9:31 | 2.6 | 10:24 | 0.9 | 7:00 | 7:01 |  |
| 26 | Tue | 5:28 | 4.2 | 4:26 | 5.1 | 10:28 | 3.0 | 11:25 | 1.0 | 7:01 | 7:00 |  |
| 27 | Wed | 6:48 | 4.2 | 5:22 | 5.0 | 11:43 | 3.2 | | | 7:02 | 6:58 |  |
| 28 | Thu | 8:03 | 4.3 | 6:27 | 4.9 | 12:32 | 1.0 | 1:03 | 3.2 | 7:03 | 6:57 |  |
| 29 | Fri | 8:59 | 4.5 | 7:33 | 5.0 | 1:36 | 0.9 | 2:08 | 3.0 | 7:03 | 6:55 |  |
| 30 | Sat | 9:40 | 4.7 | 8:32 | 5.1 | 2:30 | 0.8 | 2:58 | 2.7 | 7:04 | 6:54 |  |