

































Alcatraz Island, CA - Nov 2017

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|----------|-----|-------|-----|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Wed | 10:23 | 5.7 | 10:49 | 5.1 | 3:46 | 0.9 | 4:31 | 0.8 | 7:35 | 6:10 |  |
| 2 | Thu | 10:56 | 6.0 | 11:42 | 5.2 | 4:26 | 1.0 | 5:11 | 0.2 | 7:36 | 6:09 |  |
| 3 | Fri | 11:30 | 6.3 | | | 5:06 | 1.3 | 5:52 | -0.3 | 7:37 | 6:08 |  |
| 4 | Sat | 12:35 | 5.3 | 12:07 | 6.5 | 5:48 | 1.6 | 6:36 | -0.7 | 7:38 | 6:07 |  |
| 5 | Sun | 1:29 | 5.3 | 11:47 AM | 6.6 | 5:32 | 1.9 | 6:22 | -1.0 | 6:39 | 5:06 |  |
| 6 | Mon | 1:25 | 5.2 | 12:30 | 6.6 | 6:19 | 2.2 | 7:12 | -1.0 | 6:40 | 5:05 |  |
| 7 | Tue | 2:23 | 5.1 | 1:18 | 6.4 | 7:11 | 2.6 | 8:06 | -0.9 | 6:42 | 5:04 |  |
| 8 | Wed | 3:26 | 5.0 | 2:13 | 6.1 | 8:13 | 2.8 | 9:05 | -0.6 | 6:43 | 5:03 |  |
| 9 | Thu | 4:31 | 5.0 | 3:16 | 5.6 | 9:29 | 2.9 | 10:09 | -0.3 | 6:44 | 5:02 |  |
| 10 | Fri | 5:36 | 5.1 | 4:29 | 5.2 | 10:55 | 2.8 | 11:16 | 0.0 | 6:45 | 5:02 |  |
| 11 | Sat | 6:36 | 5.3 | 5:48 | 4.9 | | | 12:16 | 2.4 | 6:46 | 5:01 |  |
| 12 | Sun | 7:28 | 5.6 | 7:07 | 4.8 | 12:21 | 0.3 | 1:24 | 1.8 | 6:47 | 5:00 |  |
| 13 | Mon | 8:13 | 5.8 | 8:18 | 4.7 | 1:18 | 0.6 | 2:20 | 1.2 | 6:48 | 4:59 |  |
| 14 | Tue | 8:53 | 6.0 | 9:20 | 4.8 | 2:08 | 0.9 | 3:09 | 0.7 | 6:49 | 4:58 |  |
| 15 | Wed | 9:28 | 6.1 | 10:16 | 4.8 | 2:53 | 1.2 | 3:52 | 0.3 | 6:50 | 4:58 |  |
| 16 | Thu | 10:01 | 6.1 | 11:06 | 4.8 | 3:35 | 1.6 | 4:30 | 0.0 | 6:51 | 4:57 |  |
| 17 | Fri | 10:31 | 6.1 | 11:53 | 4.8 | 4:13 | 1.9 | 5:06 | -0.2 | 6:52 | 4:56 |  |
| 18 | Sat | 11:01 | 6.0 | | | 4:51 | 2.3 | 5:40 | -0.3 | 6:53 | 4:56 |  |
| 19 | Sun | 12:38 | 4.8 | 11:30 AM | 5.9 | 5:28 | 2.6 | 6:14 | -0.3 | 6:54 | 4:55 |  |
| 20 | Mon | 1:22 | 4.7 | 12:00 | 5.8 | 6:05 | 2.8 | 6:49 | -0.3 | 6:55 | 4:55 |  |
| 21 | Tue | 2:05 | 4.7 | 12:33 | 5.6 | 6:44 | 3.0 | 7:25 | -0.2 | 6:56 | 4:54 |  |
| 22 | Wed | 2:49 | 4.6 | 1:10 | 5.4 | 7:27 | 3.2 | 8:05 | 0.0 | 6:57 | 4:53 |  |
| 23 | Thu | 3:36 | 4.6 | 1:52 | 5.1 | 8:18 | 3.3 | 8:49 | 0.2 | 6:58 | 4:53 |  |
| 24 | Fri | 4:25 | 4.6 | 2:41 | 4.8 | 9:23 | 3.3 | 9:38 | 0.4 | 6:59 | 4:53 |  |
| 25 | Sat | 5:15 | 4.7 | 3:42 | 4.5 | 10:40 | 3.2 | 10:31 | 0.6 | 7:00 | 4:52 |  |
| 26 | Sun | 6:02 | 4.8 | 4:55 | 4.3 | 11:54 | 2.8 | 11:27 | 0.8 | 7:01 | 4:52 |  |
| 27 | Mon | 6:44 | 5.1 | 6:14 | 4.2 | | | 12:53 | 2.3 | 7:02 | 4:51 |  |
| 28 | Tue | 7:23 | 5.4 | 7:29 | 4.2 | 12:22 | 1.0 | 1:42 | 1.7 | 7:03 | 4:51 |  |
| 29 | Wed | 8:00 | 5.7 | 8:38 | 4.4 | 1:13 | 1.2 | 2:26 | 1.0 | 7:04 | 4:51 |  |
| 30 | Thu | 8:37 | 6.1 | 9:40 | 4.7 | 2:01 | 1.4 | 3:09 | 0.3 | 7:05 | 4:51 |  |