


































Alcatraz Island, CA - Jan 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:16	7.1			4:04	2.5	5:10	-1.6	7:25	5:01	
2	Tue	12:20	5.2	11:05 AM	7.1	4:57	2.6	5:58	-1.7	7:25	5:02	
3	Wed	1:08	5.4	11:56 AM	7.0	5:52	2.5	6:46	-1.5	7:25	5:03	
4	Thu	1:56	5.4	12:48	6.6	6:49	2.5	7:34	-1.2	7:25	5:04	
5	Fri	2:44	5.5	1:42	6.1	7:50	2.4	8:22	-0.8	7:25	5:04	
6	Sat	3:32	5.6	2:41	5.4	8:57	2.3	9:12	-0.2	7:25	5:05	
7	Sun	4:21	5.6	3:47	4.8	10:10	2.1	10:05	0.5	7:25	5:06	
8	Mon	5:11	5.7	5:06	4.2	11:27	1.8	11:01	1.1	7:25	5:07	
9	Tue	6:01	5.8	6:36	3.9			12:38	1.4	7:25	5:08	
10	Wed	6:49	5.8	8:04	4.0	12:01	1.7	1:41	0.9	7:25	5:09	
11	Thu	7:34	5.9	9:16	4.2	1:00	2.2	2:33	0.5	7:24	5:10	
12	Fri	8:15	6.0	10:12	4.4	1:56	2.5	3:18	0.2	7:24	5:11	
13	Sat	8:54	6.1	10:59	4.6	2:47	2.7	3:57	-0.1	7:24	5:12	
14	Sun	9:31	6.1	11:38	4.7	3:32	2.9	4:33	-0.3	7:24	5:13	
15	Mon	10:07	6.1			4:13	2.9	5:06	-0.4	7:23	5:14	
16	Tue	12:14	4.8	10:43 AM	6.1	4:50	2.9	5:37	-0.5	7:23	5:15	
17	Wed	12:46	4.8	11:18 AM	6.0	5:26	2.9	6:08	-0.5	7:23	5:16	
18	Thu	1:16	4.8	11:54 AM	5.9	6:02	2.8	6:39	-0.4	7:22	5:17	
19	Fri	1:47	4.9	12:30	5.7	6:39	2.7	7:12	-0.3	7:22	5:18	
20	Sat	2:18	4.9	1:09	5.4	7:19	2.6	7:46	-0.1	7:21	5:19	
21	Sun	2:52	5.0	1:53	5.0	8:05	2.5	8:22	0.3	7:21	5:21	
22	Mon	3:27	5.1	2:45	4.6	9:00	2.3	9:03	0.7	7:20	5:22	
23	Tue	4:07	5.3	3:52	4.2	10:05	2.1	9:50	1.2	7:19	5:23	
24	Wed	4:50	5.5	5:21	3.8	11:16	1.6	10:46	1.8	7:19	5:24	
25	Thu	5:39	5.7	7:00	3.8			12:27	1.1	7:18	5:25	
26	Fri	6:31	6.0	8:26	4.1			1:31	0.4	7:18	5:26	
27	Sat	7:24	6.3	9:33	4.4	12:57	2.5	2:28	-0.3	7:17	5:27	
28	Sun	8:19	6.6	10:27	4.8	2:01	2.6	3:20	-0.8	7:16	5:28	
29	Mon	9:12	6.9	11:15	5.1	3:01	2.6	4:09	-1.2	7:15	5:29	
30	Tue	10:05	7.0			3:56	2.4	4:56	-1.4	7:15	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	12:00	5.3	10:57 AM	7.0	4:49	2.2	5:42	-1.4	7:14	5:32	