































Alcatraz Island, CA - Mar 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:51	6.4			4:43	1.6	5:20	-0.9	6:40	6:03	
2	Fri	12:09	5.6	11:42 AM	6.2	5:32	1.2	6:01	-0.6	6:39	6:04	
3	Sat	12:45	5.7	12:32	5.9	6:21	1.0	6:41	-0.1	6:37	6:05	
4	Sun	1:22	5.7	1:23	5.4	7:09	0.8	7:21	0.5	6:36	6:06	
5	Mon	1:58	5.7	2:16	4.9	7:59	0.8	8:02	1.1	6:34	6:07	
6	Tue	2:35	5.6	3:16	4.4	8:53	0.8	8:46	1.7	6:33	6:08	
7	Wed	3:15	5.4	4:29	4.0	9:51	0.8	9:39	2.3	6:32	6:09	
8	Thu	4:00	5.2	5:59	3.9	10:57	0.9	10:48	2.7	6:30	6:10	
9	Fri	4:52	5.1	7:30	4.0			12:07	0.8	6:29	6:11	
10	Sat	5:53	5.0	8:36	4.2	12:08	2.9	1:11	0.6	6:27	6:12	
11	Sun	7:55	5.0	10:22	4.4	1:18	2.9	3:06	0.5	7:26	7:13	
12	Mon	8:52	5.1	10:57	4.6	3:15	2.7	3:51	0.3	7:24	7:14	
13	Tue	9:42	5.3	11:27	4.7	4:00	2.5	4:30	0.1	7:23	7:14	
14	Wed	10:28	5.4	11:54	4.8	4:39	2.2	5:05	0.0	7:21	7:15	
15	Thu	11:10	5.5			5:15	1.9	5:37	0.0	7:20	7:16	
16	Fri	12:20	5.0	11:51 AM	5.5	5:48	1.6	6:07	0.0	7:18	7:17	
17	Sat	12:47	5.1	12:33	5.4	6:22	1.3	6:38	0.2	7:17	7:18	
18	Sun	1:15	5.3	1:16	5.3	6:58	1.0	7:11	0.5	7:15	7:19	
19	Mon	1:44	5.5	2:02	5.1	7:37	0.7	7:45	0.8	7:14	7:20	
20	Tue	2:16	5.6	2:53	4.8	8:20	0.4	8:23	1.3	7:12	7:21	
21	Wed	2:51	5.7	3:53	4.4	9:09	0.3	9:06	1.8	7:11	7:22	
22	Thu	3:31	5.7	5:05	4.2	10:06	0.2	9:58	2.3	7:09	7:23	
23	Fri	4:20	5.6	6:31	4.1	11:12	0.1	11:06	2.7	7:07	7:24	
24	Sat	5:21	5.5	7:56	4.2			12:26	0.0	7:06	7:25	
25	Sun	6:32	5.5	9:04	4.5	12:32	2.8	1:39	-0.2	7:04	7:26	
26	Mon	7:46	5.5	9:56	4.8	1:54	2.7	2:44	-0.4	7:03	7:27	
27	Tue	8:56	5.6	10:40	5.1	3:02	2.3	3:39	-0.5	7:01	7:28	
28	Wed	9:58	5.7	11:19	5.4	3:58	1.7	4:27	-0.5	7:00	7:28	
29	Thu	10:55	5.7	11:55	5.6	4:49	1.2	5:11	-0.3	6:58	7:29	
30	Fri	11:48	5.7			5:36	0.8	5:52	-0.1	6:57	7:30	
31	Sat	12:30	5.7	12:39	5.5	6:21	0.4	6:31	0.3	6:55	7:31	