

































Alcatraz Island, CA - Dec 2018

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:11	5.8	7:08	4.5	12:04	0.4	1:21	1.5	7:06	4:50	
2	Sun	7:56	6.0	8:24	4.5	1:02	0.8	2:18	0.9	7:07	4:50	
3	Mon	8:37	6.3	9:31	4.6	1:55	1.2	3:08	0.3	7:08	4:50	
4	Tue	9:15	6.4	10:31	4.7	2:43	1.6	3:53	-0.2	7:09	4:50	
5	Wed	9:51	6.5	11:24	4.8	3:29	2.0	4:34	-0.5	7:10	4:50	
6	Thu	10:26	6.4			4:13	2.3	5:13	-0.7	7:11	4:50	
7	Fri	12:14	4.9	11:00 AM	6.3	4:55	2.6	5:50	-0.7	7:11	4:50	
8	Sat	1:00	4.9	11:34 AM	6.1	5:38	2.9	6:27	-0.7	7:12	4:50	
9	Sun	1:45	4.9	12:09	5.9	6:20	3.1	7:04	-0.5	7:13	4:50	
10	Mon	2:28	4.8	12:45	5.6	7:05	3.2	7:42	-0.3	7:14	4:50	
11	Tue	3:11	4.8	1:24	5.3	7:54	3.3	8:22	-0.1	7:15	4:50	
12	Wed	3:54	4.7	2:08	5.0	8:51	3.3	9:05	0.2	7:15	4:51	
13	Thu	4:38	4.7	3:01	4.6	9:59	3.2	9:52	0.5	7:16	4:51	
14	Fri	5:21	4.8	4:05	4.2	11:13	2.9	10:43	0.8	7:17	4:51	
15	Sat	6:03	5.0	5:22	3.9			12:19	2.5	7:18	4:51	
16	Sun	6:42	5.3	6:45	3.8			1:14	2.0	7:18	4:52	
17	Mon	7:20	5.5	8:02	3.9	12:27	1.5	2:01	1.3	7:19	4:52	
18	Tue	7:56	5.8	9:08	4.2	1:17	1.8	2:42	0.7	7:19	4:52	
19	Wed	8:33	6.2	10:07	4.4	2:05	2.0	3:22	0.1	7:20	4:53	
20	Thu	9:11	6.5	11:00	4.7	2:51	2.3	4:02	-0.5	7:21	4:53	
21	Fri	9:51	6.7	11:50	4.9	3:37	2.5	4:43	-1.0	7:21	4:54	
22	Sat	10:34	6.9			4:24	2.6	5:27	-1.3	7:22	4:54	
23	Sun	12:39	5.1	11:19 AM	6.9	5:12	2.7	6:12	-1.5	7:22	4:55	
24	Mon	1:27	5.2	12:08	6.8	6:03	2.7	6:59	-1.4	7:22	4:55	
25	Tue	2:15	5.2	12:59	6.5	6:59	2.7	7:48	-1.2	7:23	4:56	
26	Wed	3:04	5.3	1:55	6.0	8:02	2.6	8:39	-0.8	7:23	4:57	
27	Thu	3:55	5.4	2:58	5.4	9:13	2.5	9:32	-0.2	7:24	4:57	
28	Fri	4:47	5.6	4:10	4.8	10:33	2.2	10:29	0.4	7:24	4:58	
29	Sat	5:39	5.8	5:35	4.3	11:52	1.7	11:29	1.0	7:24	4:59	
30	Sun	6:29	6.0	7:05	4.1			1:04	1.2	7:24	4:59	
31	Mon	7:18	6.2	8:27	4.2	12:29	1.5	2:05	0.6	7:25	5:00	