






























Alcatraz Island, CA - Feb 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	9:02	6.1	11:12	4.8	3:03	2.9	4:06	-0.3	7:13	5:32	
2	Sat	9:43	6.1	11:48	4.9	3:50	2.9	4:42	-0.4	7:12	5:34	
3	Sun	10:22	6.0			4:31	2.8	5:16	-0.4	7:11	5:35	
4	Mon	12:21	4.9	10:59 AM	6.0	5:09	2.7	5:47	-0.4	7:10	5:36	
5	Tue	12:49	4.9	11:35 AM	5.8	5:44	2.6	6:17	-0.3	7:09	5:37	
6	Wed	1:16	4.9	12:11	5.6	6:19	2.5	6:47	-0.1	7:08	5:38	
7	Thu	1:43	4.9	12:47	5.4	6:55	2.3	7:16	0.1	7:07	5:39	
8	Fri	2:10	5.0	1:26	5.0	7:34	2.2	7:47	0.5	7:06	5:40	
9	Sat	2:40	5.1	2:10	4.6	8:18	2.1	8:21	0.9	7:05	5:41	
10	Sun	3:12	5.2	3:05	4.2	9:10	1.9	8:59	1.4	7:04	5:42	
11	Mon	3:50	5.3	4:19	3.8	10:11	1.6	9:44	2.0	7:03	5:44	
12	Tue	4:33	5.4	5:57	3.6	11:20	1.3	10:43	2.5	7:02	5:45	
13	Wed	5:24	5.5	7:38	3.8			12:31	0.8	7:01	5:46	
14	Thu	6:21	5.8	8:52	4.1			1:34	0.2	7:00	5:47	
15	Fri	7:20	6.1	9:47	4.5	1:07	2.9	2:30	-0.3	6:59	5:48	
16	Sat	8:18	6.4	10:32	4.8	2:11	2.9	3:21	-0.8	6:57	5:49	
17	Sun	9:14	6.6	11:13	5.1	3:08	2.6	4:08	-1.2	6:56	5:50	
18	Mon	10:08	6.8	11:52	5.3	4:01	2.3	4:54	-1.3	6:55	5:51	
19	Tue	11:01	6.8			4:52	1.9	5:38	-1.3	6:54	5:52	
20	Wed	12:31	5.5	11:53 AM	6.6	5:43	1.5	6:21	-1.0	6:52	5:53	
21	Thu	1:10	5.7	12:47	6.2	6:36	1.2	7:03	-0.5	6:51	5:54	
22	Fri	1:49	5.8	1:42	5.6	7:31	1.0	7:46	0.1	6:50	5:55	
23	Sat	2:30	5.9	2:43	5.0	8:29	0.8	8:32	0.9	6:49	5:56	
24	Sun	3:13	5.9	3:54	4.4	9:33	0.8	9:22	1.6	6:47	5:57	
25	Mon	4:00	5.8	5:20	4.1	10:43	0.7	10:24	2.3	6:46	5:58	
26	Tue	4:52	5.6	6:58	4.0	11:57	0.6	11:39	2.7	6:45	5:59	
27	Wed	5:51	5.5	8:21	4.2			1:07	0.4	6:43	6:00	
28	Thu	6:52	5.5	9:20	4.5	12:57	2.9	2:07	0.2	6:42	6:02	