

Alcatraz Island, CA - Mar 2019

Date		High				Low				☀		☾
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:50	5.5	10:05	4.7	2:02	2.9	2:57	0.1	6:40	6:03	☾
2	Sat	8:41	5.5	10:41	4.8	2:56	2.7	3:39	-0.1	6:39	6:04	☾
3	Sun	9:27	5.6	11:12	4.8	3:40	2.5	4:15	-0.1	6:38	6:05	☾
4	Mon	10:08	5.6	11:39	4.9	4:18	2.3	4:48	-0.1	6:36	6:06	☾
5	Tue	10:46	5.6			4:53	2.1	5:17	0.0	6:35	6:07	☾
6	Wed	12:04	4.9	11:24 AM	5.5	5:25	1.8	5:46	0.1	6:33	6:07	☾
7	Thu	12:28	5.0	12:01	5.3	5:57	1.6	6:13	0.3	6:32	6:08	☾
8	Fri	12:52	5.1	12:40	5.1	6:31	1.4	6:42	0.6	6:30	6:09	☾
9	Sat	1:18	5.2	1:21	4.8	7:07	1.2	7:12	1.0	6:29	6:10	☾
10	Sun	1:46	5.3	3:08	4.5	8:47	1.0	8:45	1.5	7:27	7:11	☾
11	Mon	3:17	5.3	4:06	4.1	9:34	0.9	9:23	2.0	7:26	7:12	☾
12	Tue	3:54	5.4	5:22	3.9	10:29	0.8	10:10	2.5	7:24	7:13	☾
13	Wed	4:40	5.4	6:56	3.8	11:36	0.6	11:16	2.9	7:23	7:14	☾
14	Thu	5:37	5.4	8:26	4.0			12:49	0.3	7:21	7:15	☾
15	Fri	6:46	5.5	9:31	4.3	12:41	3.0	2:00	0.0	7:20	7:16	☾
16	Sat	7:57	5.7	10:19	4.6	2:01	2.9	3:01	-0.4	7:18	7:17	☾
17	Sun	9:03	5.9	11:00	5.0	3:06	2.6	3:55	-0.7	7:17	7:18	☾
18	Mon	10:04	6.1	11:38	5.3	4:02	2.1	4:43	-0.9	7:15	7:19	☾
19	Tue	11:01	6.2			4:54	1.5	5:28	-0.8	7:14	7:20	☾
20	Wed	12:15	5.5	11:56 AM	6.2	5:43	1.0	6:10	-0.6	7:12	7:21	☾
21	Thu	12:51	5.8	12:50	5.9	6:32	0.5	6:52	-0.2	7:11	7:22	☾
22	Fri	1:28	5.9	1:45	5.6	7:22	0.2	7:33	0.4	7:09	7:23	☾
23	Sat	2:05	6.0	2:41	5.2	8:12	0.0	8:16	1.0	7:08	7:24	☾
24	Sun	2:43	5.9	3:42	4.7	9:04	-0.1	9:02	1.7	7:06	7:25	☾
25	Mon	3:23	5.8	4:51	4.4	10:00	0.0	9:54	2.3	7:05	7:25	☾
26	Tue	4:08	5.5	6:13	4.1	11:02	0.2	11:01	2.7	7:03	7:26	☾
27	Wed	5:00	5.2	7:41	4.2			12:10	0.3	7:02	7:27	☾
28	Thu	6:02	5.0	8:54	4.3	12:25	3.0	1:20	0.3	7:00	7:28	☾
29	Fri	7:12	4.8	9:46	4.5	1:46	2.9	2:23	0.3	6:59	7:29	☾
30	Sat	8:18	4.8	10:26	4.7	2:50	2.7	3:15	0.3	6:57	7:30	☾
31	Sun	9:16	4.9	10:58	4.8	3:40	2.4	3:59	0.2	6:56	7:31	☾