

## Alcatraz Island, CA - May 2019

Date		High				Low				☀️		🌙
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:31	4.4	10:55	5.2	4:34	1.2	4:21	0.9	6:13	7:59	🌑
2	Thu	11:19	4.5	11:21	5.4	5:08	0.7	4:54	1.1	6:12	8:00	🌑
3	Fri			12:06	4.5	5:41	0.3	5:27	1.4	6:11	8:01	🌑
4	Sat			12:53	4.5	6:13	-0.1	6:00	1.7	6:10	8:02	🌑
5	Sun	12:16	5.8	1:40	4.5	6:48	-0.4	6:35	2.0	6:09	8:03	🌑
6	Mon	12:47	5.9	2:31	4.5	7:26	-0.7	7:13	2.4	6:08	8:04	🌑
7	Tue	1:22	5.9	3:24	4.5	8:08	-0.8	7:56	2.7	6:06	8:05	🌑
8	Wed	2:01	5.8	4:23	4.4	8:55	-0.9	8:47	2.9	6:05	8:06	🌑
9	Thu	2:47	5.7	5:26	4.4	9:47	-0.8	9:52	3.1	6:04	8:07	🌑
10	Fri	3:42	5.4	6:30	4.5	10:47	-0.7	11:14	3.0	6:03	8:08	🌑
11	Sat	4:49	5.1	7:29	4.7	11:51	-0.5			6:03	8:09	🌑
12	Sun	6:07	4.8	8:19	5.0	12:40	2.7	12:56	-0.3	6:02	8:09	🌑
13	Mon	7:29	4.7	9:03	5.4	1:55	2.1	1:56	-0.1	6:01	8:10	🌑
14	Tue	8:46	4.6	9:43	5.7	2:56	1.4	2:49	0.2	6:00	8:11	🌑
15	Wed	9:56	4.7	10:21	6.0	3:50	0.7	3:38	0.5	5:59	8:12	🌑
16	Thu	11:00	4.7	10:58	6.2	4:39	0.0	4:24	1.0	5:58	8:13	🌑
17	Fri			12:00	4.8	5:25	-0.5	5:08	1.4	5:57	8:14	🌑
18	Sat			12:56	4.8	6:09	-0.9	5:53	1.8	5:57	8:15	🌑
19	Sun	12:10	6.3	1:51	4.8	6:52	-1.1	6:37	2.2	5:56	8:15	🌑
20	Mon	12:46	6.2	2:44	4.7	7:34	-1.1	7:24	2.6	5:55	8:16	🌑
21	Tue	1:23	6.0	3:37	4.7	8:17	-1.0	8:13	2.9	5:54	8:17	🌑
22	Wed	2:02	5.7	4:31	4.6	9:01	-0.7	9:09	3.1	5:54	8:18	🌑
23	Thu	2:43	5.3	5:27	4.5	9:47	-0.5	10:15	3.2	5:53	8:19	🌑
24	Fri	3:30	4.9	6:21	4.5	10:37	-0.1	11:30	3.1	5:52	8:20	🌑
25	Sat	4:26	4.5	7:12	4.6	11:31	0.2			5:52	8:20	🌑
26	Sun	5:32	4.2	7:54	4.7	12:44	2.9	12:26	0.4	5:51	8:21	🌑
27	Mon	6:46	3.9	8:30	4.9	1:48	2.5	1:18	0.7	5:51	8:22	🌑
28	Tue	8:01	3.8	9:01	5.1	2:41	2.0	2:06	1.0	5:50	8:23	🌑
29	Wed	9:10	3.9	9:31	5.4	3:25	1.4	2:49	1.2	5:50	8:23	🌑
30	Thu	10:11	4.0	10:01	5.6	4:04	0.9	3:29	1.5	5:49	8:24	🌑
31	Fri	11:07	4.1	10:31	5.9	4:40	0.4	4:08	1.8	5:49	8:25	🌑